

## Days of Remembrance

Ceremony to remember Holocaust survivors, 2 p.m., Tuesday.  
See page 6 for more.

# The Fort Jackson Leader

## Armed Forces Day

May 19 at Fort Jackson. Visit  
[www.jackson.army.mil](http://www.jackson.army.mil) for information.

Thursday, April 19, 2007

Published for the Fort Jackson/Columbia, S.C. Community

[www.fortjacksonleader.com](http://www.fortjacksonleader.com)

## Fort Jackson NCO dies unexpectedly

**Chris Rasmussen**  
Leader Staff

A Fort Jackson Basic Combat Training first sergeant died Thursday evening after suffering from a brain hemorrhage.

1st Sgt. Gerry T. Spivey, 36, of Columbia, was assigned to Company A, 1st Battalion, 61st Infantry Regiment. He is survived by his wife Felicia, daughter Ronshavious and stepson Torrance Hogan.

According to reports, Spivey left his unit early on April 12 because he was feeling ill. Spivey died at his home later that evening.

"First Sergeant Spivey played a crucial and indispensable role in the success of Alpha Company, First Battalion, Sixty-first Infantry Regiment at Fort Jackson," said Lt. Col. George Cone Jr., battalion commander. "He devoted countless hours of personal time ensuring all equipment, facilities and administrative areas were complete and ready for conducting first-class training."

Spivey, who served as Co. A's first sergeant



**1st Sgt.  
Spivey**

See **First sergeant** Page 4

## New Army Chief of Staff visits Fort Jackson



Photo by Chris Rasmussen

**Gen. George W. Casey Jr., Army chief of staff, talks with Pvt. Scott Yunik, left, and Spc. Matthew Swann, both with Company E, 3rd Battalion, 13th Infantry Regiment, during a visit to Omaha Range on Tuesday. See page 3 for more.**

## Retiree Appreciation Days promise fun, informative weekend

**Chris Rasmussen**  
Leader Staff

Fort Jackson will open its gates next weekend to host a variety of educational and recreational opportunities for retired veterans.

The installation's annual Retiree Appreciation Days, which kicks off with a golf tournament, is slated for April 27-28.

"This event provides a valuable service to retirees and their families," said Al Brackett, retirement services officer, Directorate of Human Resources. "The retirees that attend the events are given the opportunity to get together socially, renew old friendships and create new ones. It is also an opportunity to be updated on the agencies and organizations that exist on Fort Jackson."

Almost 1,500 retirees and their families converged on Fort Jackson in 2006 for the two-day event.

"Through hosting the events, Fort Jackson gets the opportunity to display our commitment and dedication to our retiree population," Brackett said. "It is also a good time for the retirees to mingle with active-duty personnel, see new equipment and pick up information papers and booklets provided by installation activities and military associations and organizations."

The golf tournament begins at 9 a.m., April 27 at the Fort Jackson Golf Club, a bowling tournament is scheduled for 2 p.m. and the dinner and dance is set to begin at 6:15 p.m. at the NCO Club.

Retirees are also invited to attend the Basic Combat Training Graduation at Hilton Field at 9 a.m., April 27, and are encouraged to visit the commissary and Army and Air Force Exchange Service sidewalk sales that will be held both days.

In addition to the expo, retired veterans will be honored with a Retiree Recognition Ceremony at 9 a.m., April 28 at Darby Field. The ceremony will feature a number of displays and light refreshments.

The Retiree Expo and Health Fair is slated from 9 a.m. to 2 p.m., April 28 at the MG Robert B. Solomon Center and will feature displays, information booths, free medical testing and screenings.

"We hope that our retirees living in the area

use this valuable annual program to focus on their health," said Col. James Mundy, Moncrief Army Community Hospital commander. "The testing and counseling provided will most certainly lead to a healthier lifestyle and possibly an early diagnosis of any medical conditions."

Organizations represented at the expo include Delta Dental, Tricare, Medicare, Moncrief Army Community Hospital, AAFES, the Defense Commissary Agency, South Carolina Department of Veterans' Affairs, Defense Finance and Accounting Services, Armed Forces Retirement Home and more.

See next week's issue of the Leader for a special insert on Fort Jackson's Retiree Appreciation Days.

[Chris.Rasmussen@jackson.army.mil](mailto:Chris.Rasmussen@jackson.army.mil)

## Index

Op-Ed	2	Health	24
News	3-22	Cops	27
Feature	10-12	Chapel	28
Community	18-19	Legal	29
MWR	23	Sports	31

**Leading  
the  
way ...**



## Post Traumatic Stress Disorder

A struggle faced by Soldiers back from war.

**Page 20**



## Army Racing

Martin places third in Sunday race.

**Page 31**



Ask the Garrison Commander

Early report date; coffee places on post



Col. Eddie Stephens Jr.

**Q** I have a report month to Fort Hood, Texas, of September. I want to get there in early August to enroll my children in their new school. What do I need to do?

**A** In accordance with MILPER Message Number 05-159, you should submit a request for early arrival through your chain of command. Include justification for the request on DA Form 4187 and any supporting documents (Fort Hood school calendar, letter from counselor, etc.) that you may have.

Your request will be submitted to the Personnel Strength Management Work Center's Reassignment Section, then it will be forwarded electronically to Human Resources Command for final approval.

**Q** I am an avid coffee drinker. Is there anywhere on post where I can get specialty coffee and drink it in a relaxing atmosphere?

**A** The 512 Trolley Cafe recently opened on the corner of Semmes Road and Marion Avenue, which is adjacent to the leisure zone trail and several gazebos. They offer a great variety of coffee drinks at reasonable prices.

Garrison Fact of the Week

Coffee is a widely consumed beverage and is commonly referred to as beans, but is actually from roasted seeds of the coffee plant.  
To submit questions for the "Ask the Garrison Commander," call 751-2842, or e-mail [nahrwolds@jackson.army.mil](mailto:nahrwolds@jackson.army.mil).

Fort Jackson talks back

Do you read the Leader, and if so, what is your favorite part?



Margaret Morphis  
Civilian

"Yes, I read the Leader, and the part I like the most is the Chaplain's Corner."



Staff Sgt. Randy Lovelace  
187th Ordnance Battalion

"Of course I read the Leader. They post it pretty much all over. The most interesting part is the Community Highlights, where they put out lots of information about the events going on at Fort Jackson."

Alma Durant  
Civilian

"Yes, I read the Leader, and the Cop's Corner (First Responder) is my favorite."



Lt. Col. John Mims  
Deputy Installation Chaplain

"Yes, I read the Leader. I look forward to it every Thursday. Needless to say, my favorite part is the Chaplain's Corner, and the other ones are the Provost Marshal's section, the garrison commander's section and the hospital commander's section because they provide good information."



Tonia Cheeks  
Civilian

"Yes. Since I live off post, I like knowing what's going on with MWR (Morale, Welfare and Recreation) and other things around post."

Sgt. 1st Class Gayla Porter  
Training Support Battalion

"Yes, I do read the Leader, and I like the classifieds the most."



Spc. Terrence Smith  
HHC Garrison

"Yes, I read the Leader, but there's not one specific area that I like. I pretty much read anything that fits my criteria."

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson. The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Company of the firms, products, or services advertised. All editorial content of the Fort Jackson Leader is prepared, edited, provided and

approved by the Public Affairs Office of Fort Jackson. The Fort Jackson Leader is published by Camden Media Company a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson. The civilian printer is responsible for commercial advertising.

For display advertising rates and information:  
Camden Media Company, P.O. Box 1137, Camden, SC 29021, (800) 698-3514  
For classified advertising e-mail:  
[skaress@ci-camden.com](mailto:skaress@ci-camden.com) or fax (803) 432-7609.

To submit articles or story ideas, write the Fort Jackson Leader, Fort Jackson, SC 29207, or call (803) 751-7045.  
For story submissions through e-mail, send them to us at [fjleader@jackson.army.mil](mailto:fjleader@jackson.army.mil)

Staff

Commanding General .... Brig. Gen. James H. Schwitters  
Public Affairs Officer ..... Karen Soule  
Command Information Officer ..... Warren Byrd  
Editor ..... Carrie David Ford  
Assistant Editor ..... Nichole Riley  
Staff ..... Spc. Bernard Simmons  
Staff Writer ..... Mike A. Glasch  
Contract Writer ..... Chris Rasmussen  
Contract Writer ..... Heath Hamacher  
Web site ..... [www.fortjacksonleader.com](http://www.fortjacksonleader.com)

## Chief of Staff shares vision, gets feedback

**Chris Rasmussen**  
*Leader Staff*

The Army's top-ranking officer paid a visit to Fort Jackson on Tuesday, touring the installation a week after taking over the Army's top uniformed position.

Gen. George W. Casey Jr., who replaced Gen. Peter J. Schoomaker on April 10 as the 36th chief of staff of the Army, said the visit was a chance to share initiatives he will implement and receive feedback on the challenges the Army faces in the future.

"What I am doing now with these visits is trying to calibrate whether these are the right initiatives and whether we have the emphasis in the right places," he said. "These initiatives are largely driven from the field."

His initiatives include accelerating the growth and size of the Army; increasing the quality of support to Soldiers, civilians and their families; maintaining the momentum of modernizing the Army; and completing the transition of reserve components.

Gen. Casey's visit to Fort Jackson began at the 120th Adjutant General Battalion (Reception) where he received a briefing and toured the facilities. Next, he went to Company E, 187th Ordnance Battalion to observe the 09L Interpreter/Translator Course, which trains Arabic-speaking people to act as interpreters and translators in support of the War on Terrorism.

"I must say I was moved by the dedication and the commitment of these men and women whose country of birth is not the United States, but are seeking to be citizens," Gen. Casey said. "Their desire to support our country is phenomenal."

Next, Gen. Casey went to two of the installation's training areas where he observed Basic Combat Training Soldiers at Omaha Beach and Drill Sergeant School candidates training at Anzio Range.

Gen. Casey's presence was a surprise to some of the Army's newest Soldiers.

"I can't believe I just met the chief of staff of the Army," said Pvt. Scott Yunik, Company E, 3rd Battalion, 13th Infantry Regiment. "I feel so proud. We were told there would be a general out here today, but we didn't know who."

Gen. Casey, who is currently touring U.S. Army Training and Doctrine Command installations, visited both Fort Benning and Fort Gordon, in Georgia, before stopping at Fort Jackson.

"This is General Casey's opportunity to go out first-hand and get feedback from the force and convey ideas which his transition team has identified as challenges," said Lt. Col. Gary Kolb, Public Affairs advisor for the Army chief of staff. "We are on a pretty heavy schedule for the next few months."



Photo by Chris Rasmussen

**Gen. George W. Casey Jr., Army chief of staff, discusses training with Command Sgt. Maj. Gary Newsome, Drill Sergeant School commandant, on Tuesday at Anzio Range.**

Before leaving Fort Jackson, Gen. Casey met with the installations senior leadership to discuss his initiatives.

After visiting TRADOC installations, Gen. Casey will next visit Fort Bragg, N.C., to continue to share his initiatives with Soldiers and to capture feedback from across the Army.

*Chris.Rasmussen@jackson.army.mil*

## SSI names Instructors of the Year

**Chris Rasmussen**  
*Leader Staff*

The U.S. Army Soldier Support Institute honored an officer, an enlisted Soldier and a civilian as Instructors of the Year during a ceremony April 5.

Capt. Valentine Christian has been named Officer Instructor of the Year. An instructor at the Adjutant General School, Christian was presented the award by Col. Rose Walker, USASSI commander.

"Val is a superb instructor who maintains the bar of excellence in everything she does and does not tolerate any second-rate performance from her students or her peers," Walker said. "She is a master at teaching, coaching and mentoring students and continuously serves as a model for students to emulate."

Christian is a class advisor/instructor for active duty, reserve, National Guard and international students attending the 14-week AG Officer Basic Course.

"I am most humbled by the opportunity to mentor our Army's newest appointed leaders," Christian said. "Work you love is not work, and my tenure as an instructor has been the most rewarding experience of my 18 years of military service."

She completed the Staff and Faculty Instructor/Developer Training Course in June 2004 and served in the AG School as a class advisor/instructor for the AGOBC from June 2004 through May 2006, culminating as an Advanced Individual Training company commander in the 369th AG Battalion.



Photo Courtesy of Soldier Support Institute

**Col. Rose Walker, U.S. Army Soldier Support Institute commander, left, honored Capt. Valentine Christian, Master Sgt. Christopher Gish and Michael Armstead as SSI Instructors of the Year during a ceremony April 5.**

"In addition to arming my students with Army doctrine as designed to articulate clear, enforceable standards, I placed unrelenting emphasis on ensuring the utmost professionalism," she said. "Setting an example for our first-time officers to emulate irrefutably impacts the quality of officers charged with leading our most precious resources — America's sons and daughters."

Michael Armstead, an instructor at the AG School, was named Civilian Instructor of the Year.

Armstead, who teaches a variety of human resource topics such as Casualty Operations, Army Award programs and military transitions, said the greatest joy of

his job is ensuring the military will be stronger than when he served.

"I have a responsibility to leave a legacy behind through developing future leaders for our great Army. I believe it is imperative that my lasting value be measured by my ability to give the military potential successors who will one day help shape our country," he said. "If you love what you are doing and doing what you love, that is all that matters. This is my passion and I love contributing to our future leaders."

Armstead has been an instructor at the AG School since October 2004.

"My goal is to give our officers the tools necessary to reach the highest levels in their personal and professional develop-

ment," he said. "I accomplish this by sharing lessons learned from my 30 plus years in the military and at the same time teaching current and relevant material based on our Program of Instructions."

Master Sgt. Christopher Gish, an instructor at the Recruiting and Retention School, was named Enlisted Instructor of the Year.

"I love the opportunity to teach and watch students learn," said Gish, who has been an instructor at RRC for two-and-a-half years. "The one attribute I try to instill in my students is passion. I am passionate about what I do and I expect them to be passionate about what they do."

Each quarter the four SSI schools — Finance School, Noncommissioned Officer Academy, Adjutant General School and the Recruiting and Retention School — nominate an officer, civilian and enlisted instructor for the honor of Instructor of the Year.

Following an extensive evaluation, a winner is chosen from each category. This year's winners will be eligible to compete in the U.S. Army Training and Doctrine Command Instructor of the Year competition in October.

In addition to individual impact awards, Army Commendation Medals for Christian and Gish and Civilian Service Medal for Armstead, the school presented the winners with a \$200 savings bond, discount coupons for post concessions and removal from the duty roster for 90 days.

*Chris.Rasmussen@jackson.army.mil*



## Around Post

### Motorcycle Safety Awareness Ride

The Fort Jackson Victory Riders will hold a Poker Run beginning at 9 a.m., Saturday at Patriot Park. The ride, as part of the Motorcycle Mentorship Program Safety Awareness Ride, is open to service members and civilian personnel. For more information call 606-9853.

### 2007 Volunteer Recognition Ceremony

The 2007 Volunteer Recognition Ceremony will be held at 1 p.m., Monday at the MG Robert B. Solomon Center. The ceremony will honor exceptional volunteers from active duty, retired, family members, civilians and youth. For more information call 751-5444 or e-mail [Marilynn.Bailey@jackson.army.mil](mailto:Marilynn.Bailey@jackson.army.mil).

### Days of Remembrance

The Days of Remembrance Ceremony will be held at 2 p.m., Tuesday at the Main Post Chapel. For more information call 751-8863/4621.

### 2007 S.C. Special Olympics

The 2007 South Carolina Special Olympics will be held May 4-6 and will include more than 1,000 athletes, coaches and volunteers. Registration begins at 1 p.m., May 4 and the event concludes at 11 a.m., May 6 with the Closing Ceremony. Events will be held in track and field, gymnastics, aquatics, bowling and softball. For information call 772-1555.

### Constituent Assessment

Members of the Fort Jackson community is asked to take the Customer Service Management constituent assessment now offered online at <http://www.jackson.army.mil/Wellbeing/wellbeing.htm> and via e-mail. The assessment will continue until April 30. Those who should take the constituent assessment are: Soldiers, family members, retirees, veterans and civilians.

## Enlisted Spouses share issues with Army's senior spouse

**Nichole Riley**  
Assistant Editor

The Army's senior spouse met with some of Fort Jackson's enlisted spouses during a forum Tuesday at the Post Conference Room.

Sheila Casey has been a military wife for 37 years and is a mother of two and grandmother of five. She works full time as the chief financial officer for The Hill, a newspaper that reports on Congress.

"I am learning how to balance this, traveling and working full time," Casey said.

Currently, she is touring military installations across the world with her husband, Gen. George W. Casey Jr., who is the Army's top-uniformed officer, to meet with as many family members as she can because she wants to know what's going on in the Army community.

"We are living in very busy and very turbulent times with no obvious let up in the near future," Casey said. "One of the biggest myths is that spouses in the military are used to this."

She is an advocate for Army families and wants to get a feel for the morale of the families across the Army. Once she finishes hearing about the installations from the people who live and work on them and use the Army programs, she intends to press Congress for money to meet the needs of the Army.

There are two key subjects that she is concerned with about the Army family life.

First, she said it seems family members don't necessarily want more Army programs; they want standardization of Army programs.

"They want to be able to go from post to post and get the same level of service at each one," Casey said.

The second subject is about teen programs — she said she



Photo by Nichole Riley

**Sheila Casey, wife of Army Chief of Staff Gen. George W. Casey Jr., left, meets with some of Fort Jackson's enlisted spouses at the Post Conference Room on Tuesday to discuss Army family issues and concerns.**

feels the teenage groups are forgotten in the spectrum of Army life, and that she would like to see more opportunities and programs arise for them.

"This is an opportunity for me to listen to all the Army's family members' needs and take them back to Washington," Casey said. She said she is planning on playing a key role in shaping the future of Army family life.

[Nichole.Riley@jackson.army.mil](mailto:Nichole.Riley@jackson.army.mil)

## Semmes Lake dam construction to begin in May

**Chris Rasmussen**  
Leader Staff

Construction to repair the dam at Semmes Lake is anticipated to get under way in May.

The lake, located near Marion Avenue and Semmes Road, was drained in November so repairs could be made to the dam, said Bryan Tempio, area engineer for the Army Corps of Engineers.

"The contractor is continuing to put the design together, which should be completed by the middle of April," Tempio said. "If all goes well, construction will begin in early May."

The \$1.2 million project entails replacing a drainage pipe underneath Semmes

Road, which acts as an emergency spillway for the dam, with a larger pipe. The dam was beginning to fail because the pipe had a large crack in it and dirt was starting to fill up the pipe through the crack. The problem was also causing Semmes Road to sink where it passes over the drainage pipe.

Once construction begins, which is expected to take between 90 and 120 days, closure of the road will be necessary to complete the project, Tempio said.

"We will be working with the contractor to minimize closing the dam road. We are striving to get this replaced and back in operation as soon as possible," he said.

In addition to replacing the drainage

pipe, crews dredged the lake to remove built up sediment that was filling the lake in. The process will deepen the lake, which in turn will increase the amount of habitat for fish species that will be restocked in the lake once the project is completed.

The lake will be restocked with a balanced population of large-mouth bass, brim and sunfish, according to Doug Morrow, Wildlife Branch chief, Directorate of Logistics and Engineering.

Once the lake is restocked, fishing will not be allowed for about one year to 18 months to allow the fingerlings a chance to grow.

[Chris.Rasmussen@jackson.army.mil](mailto:Chris.Rasmussen@jackson.army.mil)

## First sergeant (continued from Page 1)

since January, is credited with transforming more than 200 civilians into United States Army Soldiers. Between January 2006 and December 2006, Spivey served as the battalion S-4.

"As a first sergeant of a Basic Combat Training company, First Sergeant Spivey was instrumental in guiding and mentoring America's newest Soldiers undergoing the rigors of Basic Combat Training," Cone said.

The first sergeant is also credited with revising the battalion's marksmanship training program and leading his drill sergeants through a complete renovation of the Basic Training Program of Instruction.

"His outstanding performance resulted in Alpha Company

being one of the best companies in the battalion," Cone said. "He possessed the drive and passion required to effectively lead Soldiers and the confidence and competence necessary to train them.

"Throughout his tenure, the drill sergeants looked to his experience and mentorship as an example to follow as noncommissioned officers."

The 1st Bn., 61st Inf. Reg. will host a memorial for Spivey at 9 a.m., Thursday on Darby Field. His funeral is scheduled for Saturday at Byas Funeral Home, 407 Front St., Indianola, MS 38751. Flowers may be sent to that address.

[Chris.Rasmussen@jackson.army.mil](mailto:Chris.Rasmussen@jackson.army.mil)



## Postal rate hike set for May 14

**Mike A. Glasch**  
Leader Staff

The cost of mailing a one-ounce letter will increase by 2 cents to 41 cents beginning May 14.

Postal rates and fees were last increased in January 2006, according to the Postal Regulatory Commission's Web site.

When the Board of Governors of the Postal Service approved the rate hike they also authorized the issuance of the Forever Stamp and approved shape-based pricing.

The Forever Stamp went on sale Saturday for 41 cents and can be used when the new rate hike takes effect next month. It will be good for mailing one-ounce, first-class letters anytime in the future — regardless of price changes.

A Forever Stamp bought now will be able to be used when rates increase in the future without having to purchase additional postage. However, any Forever Stamps bought after a rate increase will be sold at the new price.

Shape-based pricing postage rates will be based not only on weight, but also on the shape of first-class mail and parcels.

Currently the cost of mailing a two ounce first-class large manila envelope, a two ounce first-class letter and a small two ounce first-class box was usually identical. As of May 14 this will no longer be the case. In the above example, the two ounce first-class flat manila envelope will now require more postage (97 cents) than the two-ounce first-class letter (58 cents), while the two ounce first-class parcel will cost \$1.30 to ship.

*Michael.Glasch@jackson.army.mil*

## Child victims of Holocaust to be remembered

**Mike A. Glasch**  
Leader Staff

"Learn, remember and pass it on."

If nothing else, that is what Sgt. 1st Class Bryan Bearor, equal opportunity advisor and an instructor at the U.S. Army Chaplain Center and School, wants everyone to take away from this year's Days of Remembrance observance.

Between 1933 and 1945, it is estimated between 9 million and 11 million people were put to death by the Nazi regime. The majority (an estimated 6 million) were Jews. In 1980, Congress established Days of Remembrance as an annual commemoration of victims of the Holocaust.

"For the first time in history a select people were targeted for annihilation," Bearor said. "This is the ultimate evil. The Holocaust is a black mark on history while people turned their heads."

Children will be the focus of this year's Days of Remembrance observance.

"A lot of the stories these days come from the younger survivors because of how long ago it was," Bearor said. "I think that people should learn about what people are capable of doing to other people."

Mark Weitzman, associate director of education for the Simon

Wiesenthal Center and director of the Task Force Against Hate and Terrorism, will be the featured speaker.

Under his direction, the task force has become a major resource on issues related to cyberspace and free speech, testifying at government hearings, and briefing the FBI, the Pentagon and local law enforcement on hate groups in the United States, Europe and Africa.

In addition to the guest speaker, the ceremony will feature klezmer music — a traditional instrumental sound frequently played in the Warsaw Ghetto, which was a designated area of Warsaw, Poland, instituted to isolate Jews from the rest of society until they were marked for extermination by the Nazis.

Bearor said there is a special bond between Holocaust survivors and the military.

"It was the American, British and Russian Soldiers who liberated them from the death camps. Many Holocaust survivors have a special place in their hearts for Soldiers," Bearor said.

The ceremony will be held at 2 p.m., Tuesday in the Main Post Chapel. Because of the serious and somber atmosphere of the ceremony, guests are asked to refrain from applause during the presentation.

For more information call 751-8863.

*Michael.Glasch@jackson.army.mil*

## Cool-Blue Listerine recalled; olives okay

**Defense Commissary Agency**

FORT LEE, Va. — Commissaries have been directed to remove from their shelves all bottles of Listerine Agent Cool-Blue Plaque-Detecting Rinse in the Glacier Mint flavor due to a voluntary recall by the manufacturer, McNeil-PPC, Inc. The product has been found to be inadequate against certain microorganisms.

The Listerine notice involves an overall recall of an estimated 4 million bottles to include its Cool-Blue Plaque-Detecting Rinse Bubble Blast flavor. McNeil-PPC had discovered the potential for a significant health risk for consumers with weakened or suppressed immune systems. To date there have been no reports of illnesses connected with this recall.

Commissary customers who have this product at home are asked to return it to the store from which they purchased it for a full refund. Any unused portions of the

product should not be consumed.

For additional information about the recall, contact McNeil-PPC's toll free consumer line at (888) 222-0249 or access the product Web site at <http://www.agent-coolblue.com>. Mail-in rebates should include the back label and the UPC code (012547-44565).

Also, the Defense Commissary Agency has determined that the brand of olives it carries is not affected by the current national recall of Cerignola, Nocellara and Castelvetro olives manufactured by Charlie Brown di Rutigliano & Figli S.r.l. in Bari Italy.

The Roland product stocked in the



commissary is of the Kalamata variety manufactured by Euro American from Greece. This Roland product does not contain Cerignola, Nocellara or Castelvetro olives mentioned in the current recall.

The current recall covers all sizes of cans, glass jars and pouches of Cerignola Olives, Nocellara Olives and Castelvetro Olives containing codes beginning with the letter

"G" followed by 3 or 4 digits under the following brands manufactured by Charlie Brown di Rutigliano & Figli: Borrelli, Bonta di Puglia, Cento, Corrado's, Dal Raccolto, Flora, Roland and Vantia.

For information on this recall, please refer to the FDA Web site, [http://www.fda.gov/oc/po/firmrecalls/charliebrow03\\_07.html](http://www.fda.gov/oc/po/firmrecalls/charliebrow03_07.html)



## Well-Being Corner

### Conference, post issues addressed

**Tanya Brown**  
AFAP Coordinator

Community FIRST/Army Family Action Plan has already begun receiving responses to issues raised during the recent AFAP Conference held March 29, as well as issues submitted from throughout the Fort Jackson Community. This article highlights a few of these responses.

The first issue, submitted during the AFAP Conference by a delegate, states that there is a lack of mobile facilities and sites in South Carolina to process identification cards during deployments for Army National Guard Soldiers and family members who live outside the Fort Jackson area. The travel time is excessive for deploying Soldiers and family members, which becomes an inconvenience due to limited time constraints.

It was recommended that 1) more mobile ID card stations be made available within South Carolina; and 2) reach back capabilities be developed at the National Guard Bureau level.

The South Carolina ARNG responded that the Mobilization Planner states there should not be any problem with family members going to any National Guard Armory, Army Reserve Center or Military Installation to obtain a dependent ID card with ID/RAPIDS/DEERS capability.

The SCARNG has two fixed and four mobile units,

which can be dispatched to any of the SCARNG facilities provided they are notified in advance. The two requirements for a dependent to obtain an ID card are: a copy of the Soldier's active-duty orders and that the Soldier would be required to complete the DD Form 1172 (Application for Uniformed Services Identification Card DEERS (Defense Enrollment Eligibility Reporting System) Enrollment) or provide his/her spouse with a "Power of Attorney" to act in their absence. Without this form, dependents will not be able to enroll in DEERS. Those recently married may also have to provide a marriage license.

Family members can also go to [www.dmdc.osd.mil](http://www.dmdc.osd.mil) to locate the nearest Military Facility that has ID/RAPIDS/DEERS capability. Once at the site, click-on Public Sites, then click-on RAPIDS Site Location and enter the necessary information (i.e. zip code).

The second issue was about creating a ride-share bulletin board where Soldiers and civilians can post information to find others with whom to share rides to save money and reduce air pollution on the installation.

Garrison responded that historically, given the traffic flow and patterns in the metro area, ride sharing and the use of public transportation has not been embraced on Fort Jackson.

The third issue was about combining the Enlisted Spouses Association and the Officer and Civilian Spouses

Club. A community member commented that though both clubs are currently functioning as separate entities, they would be able to function better as a combined organization. The recommendation is to establish a Military and Civilian Spouse Club.

Garrison responded that the formal requests signed by ESA and OCSC have been received. This request does not conflict with any other private organizations. If these organizations choose to combine and as long as membership supports, garrison will support.

Issues can be submitted through the Well-Being home page or Community FIRST/AFAP Interactive Customer Evaluation link, whether it affects Fort Jackson or the entire Army; feedback is important. Help the community by submitting issues and recommendations online at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>. Click on "Submit an Issue or Recommendation" or click on the AFAP Logo to submit an issue.

#### ICE Appreciation

The garrison would like to congratulate the Fort Jackson Directorate of Logistics and Engineering, Logistics Services, specifically the Central Issue Facility. They have maintained a perfect 5.0 percent rating in employee/staff attitude out of a possible 5.0, for a 12-week period. This is an outstanding performance in customer satisfaction. Keep up the good work.

**A tip of the campaign  
hat to this week's ...**

## Drill Sergeants of the Cycle

**From the "AAA-O"  
Battalion**



**Sgt. 1st Class  
Ramon Batista**  
Company A,  
2nd Battalion,  
39th Infantry  
Regiment



**Staff Sgt.  
Roger Beasley**  
Company B,  
2nd Battalion,  
39th Infantry  
Regiment

# TAKE CONTROL

What you do right now makes a difference.

TO LEARN MORE VISIT [HTTPS://CRA.ARMY.MIL](https://cra.army.mil)



# Feature

## Army, Fort Jackson protect, honor Earth

**Nichole Riley**  
Assistant Editor

Earth Day was first celebrated on April 22, 1970, and rallied more than 20 million Americans to become involved in protecting and sustaining the environment.

Today, recognized as a worldwide event, Earth Day represents the commitment of the United States and other countries toward environmental security and this year's theme is "Sustaining the Environment for a Secure Future."

The United States Army sustains the environment and is a responsible steward of the nation's natural resources and is committed to all recycling efforts, saving energy and reducing solid waste, said Pete Geren, acting Secretary of the Army in an Earth Day message.

"Fort Jackson Soldiers, civilian personnel, family members and members of the local community contribute significantly to the ideas and efforts of Earth Day," said Barbara Williams, Fort Jackson environmental engineer. "The most effective method to sustain and preserve resources is by recycling and conserving as much as possible in our everyday lives."

To comply with the Army's vision of sustainability and preserving natural oil and fuel assets, Fort Jackson installed an E85 flex fuel pump at the Victory Fuel Point and currently there are 150 vehicles on post that operate on flex fuel.

Flex fuel is 85 percent ethanol and 15 percent gas, which is more environmentally friendly — burns cleaner than gasoline — and enhances the economy and the nation's energy independence, Williams said.

"We need to be smarter about the way we use our resources in everything we do," Williams said. "And we need to be committed to preserving, protecting and defending our environment."

This year in honor of Earth Day, Fort Jackson has several events planned.

Hood Street Elementary School will be announcing the winner of the second and third grade Earth Day newspaper recycling contest on Friday. The class that recycles the most inches of newspaper will win a nature hike around the school on Monday.

Morale, Welfare and Recreation will host Earth Day activities and sponsor a Spring Jamboree beginning with a Family Fun Run from 9 a.m. to noon, Saturday at the Youth Sports Complex. All of the Earth Day and summer activities provided are free and include games, a bounce house, a double slide, give-a-ways, door prizes and the first 50 entrants into the Family Fun Run will receive a free T-shirt.

There will also be Junior Olympics Skill Tryouts held after the Earth Day activities from 11 a.m. to 5 p.m. for children ages 8 to 13. Tryouts for tennis will be at 11 a.m. at the Dozier tennis courts, soccer at 12:30 p.m. and track at 2 p.m. at the Youth Sports Complex and basketball at 3:30 p.m. at the Youth Center gym.

For more information call Child and Youth Services at 751-4824/4865

*Nichole.Riley@jackson.army.mil*

### Word Search

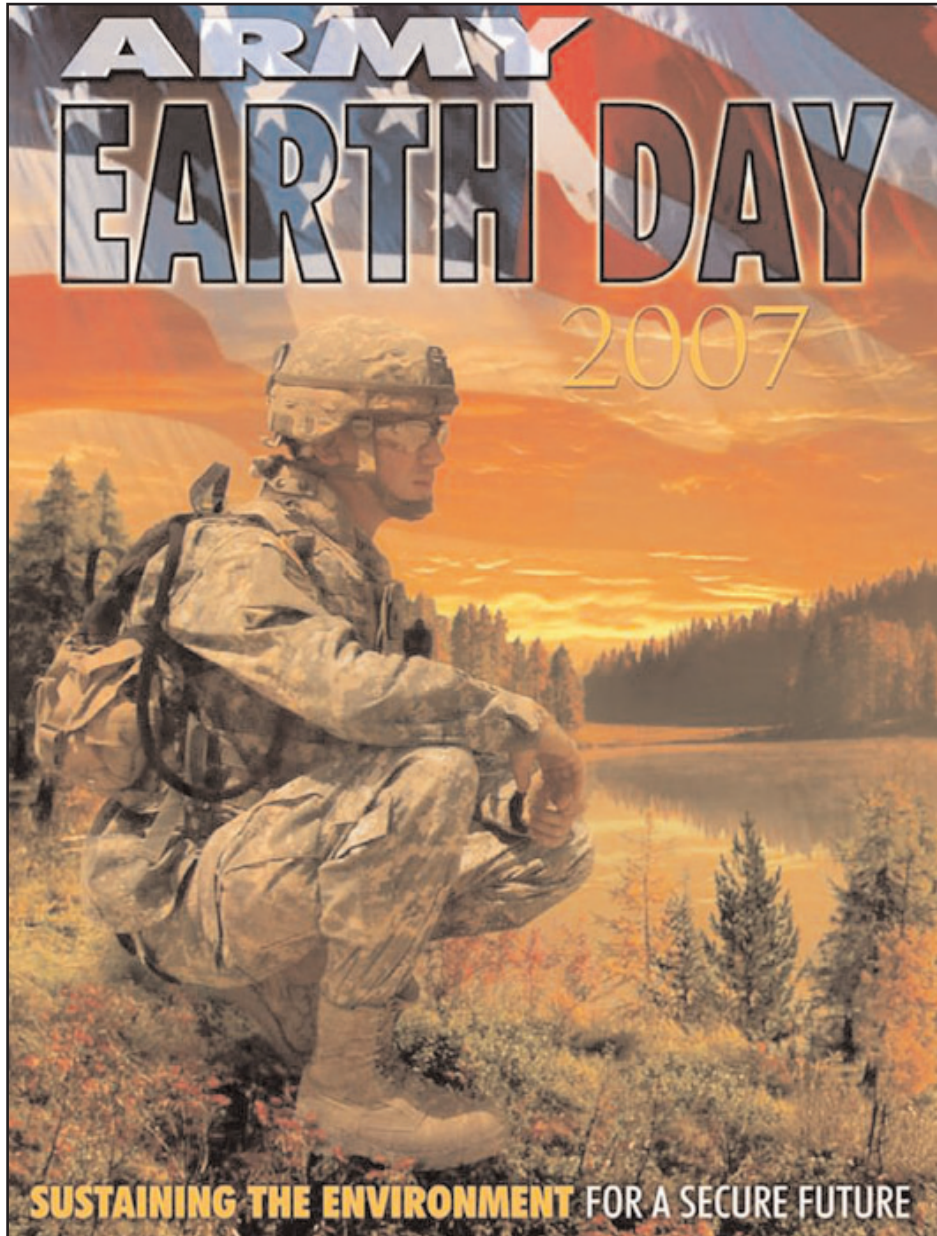
Find words about the Environment.

S H A B V R H E A L T H Y D P L O K R W  
E B A I R T R E N U L A N D R T Y N J A  
V C X Z R O P L T H K I K B S S W A U T  
F H A B I T A T Q O I N Y T R E W P O E  
J U K H Y L I M N E I A N I M A L S V R  
H O M E L I B V F R I E N D T E R W S V  
U R E E A R T H N G L W U N B V R T E Q  
X F I Q I B I A Y A P O L L U T I O N L  
J I X P Y N E G Y C S W H E L P E R X T  
E N V I R O N M E N T L P O U S G J C R  
T N I N Z X V C P N O M O K L O A E T E  
R J F G R N Z F I S H L B U N X H G C E  
A U Y R T W S S A U P T I X Z V C M N S  
S G R E E N J K L G H P R A D E A G B P  
H U B V M N W Q S T C I D O O V E R C D  
V T Y R E E N J V N L L S W Q U O I J C  
D A W J K K E N I P L A N T S I N S T A  
B J E F N O I S E W E R T Q Y M N B V Z  
E P C P A D A I P L D J S M O K E P Y R  
O X N E J V D A S Y H T O I U T Y N M Z

- |                |           |            |           |
|----------------|-----------|------------|-----------|
| 1. environment | 6. helper | 11. friend | 16. trees |
| 2. pollution   | 7. smoke  | 12. earth  | 17. home  |
| 3. animals     | 8. water  | 13. green  | 18. land  |
| 4. habitat     | 9. plants | 14. noise  | 19. fish  |
| 5. healthy     | 10. trash | 15. birds  | 20. air   |

**A** Is for...  
**Army**

The Army knows a lot about taking care of the environment.





# Feature

## *It's all fun and games ... ... but they're not just fooling around*

**Heath Hamacher**  
Leader Staff

To many of us, the sight of children playing and laughing is a joyous one. It takes us back to yesteryear and reminds us what it was like to be a kid.

But do we really understand the importance of what we're seeing?

Although there are different types of play essential for any age child's proper development, there is a constant — play is essential.

Though unable to exercise much control over things, infants are born with all five senses in working order. These senses are developed and coordination is achieved through activities such as reaching for mobiles, playing games such as "peek-a-boo," and grasping — and even mouthing — toys.

Children acquire more practical knowledge during their first eight to 10 years than at any other point in their lifetimes. They learn about themselves and others, the way things work in the world, and how to cope with situations. Studies show young children learn best from hands-on experiences and actually interacting with their environment, not just mere words. Children need to explore. They need to *do*.

One benefit provided by play is physical development. In addition to developing muscle coordination in infants and younger children, physical activity helps build and maintain healthy bodies. Hand-eye coordination and other complex skills will also be developed.

Sandra Frick-Helms, Ph.D., a Clinical Professor at the University of South Carolina College of Medicine, said until a few years ago, a "culture of childhood" was handed down from generation to generation. Generations of children engaged in similar activities that provided many benefits. That may be changing, she said, with the advancement of technology.

"The computer explosion came around and suddenly kids are playing alone or they're sitting next to each other, each playing their own video game," she said. "And they're not getting the previously demonstrated benefits from play. And those benefits are significant."

Video games and other forms of passive entertainment may be fine in moderation, but Frick-Helms recommends that parents keep an eye on the amount of this solitary activity the child is participating in.

"I think parents tend to not realize that a child interacting with other children contributes to so many things like emotional expression, problem-solving and the development of language skills," she said. "It's easier for some parents if kids are absorbed in DVD players instead of watching and experiencing their environment through play."

Play contributes significantly to physical development. Infants and children develop muscle coordination, hand-eye coordination and other physical skills by interacting with appropriate toys and with other children in active games. Active play helps build and maintain healthy bodies throughout childhood, into adolescence,



Photo by Heath Hamacher

***In addition to the physical development benefits derived from physical play, children also learn emotional expression and problem solving and develop language skills.***

and sometimes, into adulthood.

In addition to the physical benefits (and fun!) of playground-type play, children also develop socially by interacting with their peers in this child-driven play. They form relationships, learn to work in groups, resolve conflicts and learn about where their own interests lie.

Play also contributes significantly to cognitive development. This is evident once a child recognizes a bottle — and uses the bottle to feed a baby doll — or when a child races around the playground, arms extended, saying, "Look at me! I'm an airplane!" Through their play, children are learning about objects and events in the world.

The ability to learn problem-solving methods, Frick-Helms said, is a huge advantage of play for children. And it's not only the ability to resolve schoolyard conflicts, but to work through life's more serious or stressful situations. Play can be therapeutic.

Frick-Helms said that play therapy for children works much like talk therapy does for adults. She said that while adults typically come to counseling with "thousands of coped-with life experiences," children are just starting to understand how to encounter and deal with situations, whether it's something as simple as having tonsils removed or some traumatic experience.

"So, they take what's happened to them and, with their play materials — puppets, dolls, action figures — work through it by having different characters do what they saw," she said. "Or, rather, what their perceptual field allows them to see. They're trying to get a handle on it and cope with this thing that's happened to them."

For children, play isn't just play — it's a learning process. It's an integral part of childhood that allows

*"Play is the highest expression  
of human development in childhood  
for it alone is the free expression of  
what is in a child's soul."*

**Friedrich Froebel**  
1782-1852



Courtesy Photo

***Pretend play helps children learn about their world, helps understanding different situations and encourages use of their imagination.***

children to satisfy curiosities while putting their ideas and imaginations to work. In many ways, play is the catalyst for what a child will become.

For children, play is serious business.  
[Heath.Hamacher@jackson.army.mil](mailto:Heath.Hamacher@jackson.army.mil)



# Feature

## *Victory University trains future IET leaders*

**Heath Hamacher**  
*Leader Staff*

It may not be a traditional university that grants academic degrees, but Victory University — the U.S. Army Training and Doctrine Command proponent for Initial Entry Training cadre courses since 1979 — is definitely an institution of higher learning.

Victory University at Fort Jackson, and its 27 satellite campuses, provide leaders and trainers Army-wide with the tools and skills they'll need to successfully train new Soldiers in accordance with Army policies.

"We're the TRADOC 'funnel' for the standards and procedures for all of TRADOC," said Lt. Col. Christopher Rizzo, director, Victory University. "We are in charge of cadre training for all of TRADOC. In other words, we develop leaders for service and duty in Initial Entry Training."

"We start at the top and train brigade and battalion commanders and command sergeants major," Rizzo said. "Everybody who will command Initial Entry Training units will come through Fort Jackson."

Though there is a course for anyone — from colonel to contractor — who may come in contact with IET Soldiers, Victory University's two largest classes consist of top-level leaders tasked with the development of these Soldiers.

"The Army has identified the requirement that Soldiers in the current operating environment be flexible, adaptive, competent and confident," said Jackie Ortiz, director for IET and cadre programs at Victory University. "This requirement applies to the newest of Soldiers as well as veterans."

The courses currently being taught at Victory University are:

- *IET Brigade/Battalion Pre-Command Course* — a two-week course



Photo by Heath Hamacher

***Staff Sgt. Thomas Bish, a drill sergeant with the 171st Infantry Brigade, discusses the Warrior Ethos with Cadre Training Course students Monday during a class at Victory University.***

for new brigade and battalion-level commanders/command sergeants major intended to teach the physical, intellectual and emotional transformation occurring in IET and their responsibilities in leading this process.

- *Company Commander/First Sergeant Course* — a two-week course designed to educate new unit-level commanders and first sergeants on TRADOC training guidance, philosophy and investment strategy in the IET environment. Provides extensive training and realistic educational experiences that prepare company commanders and first sergeants to lead, develop, interpret, plan, coordinate and integrate effectively while in command.

- *Cadre Training Course* — a three-day course required for personnel assigned to senior staff and cadre positions in an IET unit, such as executive officers, company-grade staff officers and

training noncommissioned officers.

- *Support Cadre Training course* — a two-day course intended for all IET cadre not required to attend one of the other courses. Examples include primary military and civilian instructors, unit armorers and IET chaplain assistants.

- *Installation Support Cadre Training Course* — this course is a requirement for all personnel in a position requiring them to provide support, direct or regularly come in contact with IET Soldiers. Examples are medical and dental personnel, Clothing Initial Issue Point personnel, dining facility employees and maintenance workers.

- *Train the Trainer Course* — a two-week course required for all personnel assigned as an instructor within the Basic Combat Training Center of Excellence Leadership Development and Training Office (Victory University).

In addition to providing training in

these areas, the staff of Victory University is also responsible for accrediting the satellite campuses, providing any assistance needed by instructors at those campuses, and providing mobile training units on a case-by-case basis.

"We also do training on request," Rizzo said. "Commanders who have come through here will regularly call me and say 'you know what? That class we got at Victory University — can you send someone down here to teach that?'"

Rizzo said whether someone spends a day or a week at Victory University, he or she has a lifelong resource for obtaining Army knowledge.

"My philosophy is, our commitment is just beginning after graduation," he said. "If you have a need for more information or don't have an answer, give us a call. We'll find an answer."

For more information call 751-5722.  
[Heath.Hamacher@jackson.army.mil](mailto:Heath.Hamacher@jackson.army.mil)



## Army streamlining personnel, pay actions

**Mike A. Glasch**  
Leader Staff

Starting the summer of 2008, Soldiers will spend less time in their S-1 office.

That is when the Defense Integrated Military Human Resources System goes online. DIMHRS is an Internet-based system that will merge Soldier's personnel and pay records into one system.

"Now, you can have a discrepancy between a Soldier's pay and their personnel file. They could be an E-5 in personnel, but only an E-4 according to finance. It happens all the time," said Gregory Fountain, personnel automation work center supervisor, Adjutant General's Office. "With everything in one system, that won't happen."

Currently, there are separate HR and pay systems for each Army component. DIMHRS will incorporate nearly 80 different systems or databases currently in use between the three components — Active, Reserve and National Guard — into one.

"There will be a lot less paperwork," Fountain said. "Soldiers will be able to go online to make updates or changes that they would normally have to do at their S-1 office."

Self-service items that will be available through DIMHRS are categorized as being either finance or per-

sonnel related.

### Using the financial self-service functionality, a Soldier can:

- Start/stop or modify discretionary allotments and savings bonds
- Submit an employee withholding request (Form W-4)
- Submit an employee reissue W-2 request
- Make a direct deposit information change
- Change their state of legal residence

### Using the personnel self-service functionality, a Soldier can:

- Update personal information
- Submit a personal action request
- Select benefits options
- Enroll in a Thrift Savings Plan

### Using the view-only function with DIMHRS, a Soldier can view the following information and documents:

- Dependent information
- Certificate of release or discharge from active duty (DD214)
- Service member's group life insurance election

- Leave and earnings statement
- Record brief
- Currently assigned checklists
- Civilian education, military education, awards and enlistment/reenlistment information
- Contracts, evaluations and Department of the Army photo
- Wage and tax statement (Form W-2)

Fountain said the record brief will be one of the biggest changes under DIMHRS.

"Right now we have an officer record brief and an enlisted record brief. With this system there is going to be one document, a Soldier record brief. It will have the Soldier's information on one form. Makes it a lot easier for everyone," he said.

The Army is scheduled to switch over to DIMHRS on July 18, 2008. All the other services except the Navy have decided to use the system as well.

"It should make it easy for anyone in uniform, no matter where they are (garrison, home or deployed) to get things done," Fountain said.

For more information access the DIMHRS Web site at [www.hrc.army.mil/site/ArmyDIMHRS/index.html](http://www.hrc.army.mil/site/ArmyDIMHRS/index.html) or call 751-5852.

*Michael.Glasch@jackson.army.mil*

### Fort Jackson Armed Forces Day Victory Run

**Time and Place:** Saturday, May 19th, 2007, 7:00 a.m. Darby Field, Fort Jackson.

**Entry Fee:** Free.

**Registration:** Complete registration and mail or deliver to PAIO, 3499 Daniel Street, Fort Jackson, SC, 29207 (Deadline - 12:00 noon, Friday, May 18th). Anyone missing the deadline can still participate in a non-competitive status. Registration forms are available for pickup at PAIO, or can be clipped from the *Fort Jackson Leader*, or can be printed from the Fort Jackson Website at [www.jackson.army.mil](http://www.jackson.army.mil).

**Race Information:** For more information contact MSG Jackson at 751-4429.

**Results:** Race Results will be posted online at [www.jackson.army.mil](http://www.jackson.army.mil) and in the 24 May edition of the *Fort Jackson Leader* (weekly newspaper).

**Packet Pick-up:** Race packets can be picked up at PAIO, 3499 Daniel Street between 8:00 a.m. and 4:00 p.m. beginning May 15th or from 6:00 to 6:45 a.m. the day of the race at Darby Field. T-shirts will be available to purchase at the event.

**5K and 10K Awards:** Overall and male/female age groups (top 3): 17 & under, 18-29, 30-39, 40-49, and 50 & over.

**Course Maps:** Course maps are available online at [www.jackson.army.mil](http://www.jackson.army.mil).

#### Fort Jackson Armed Forces Day Victory Run

##### Registration Form

Name

Address

Telephone

Race: 5K( ) 10K( ) Age on Race Day:  Gender: M( ) F( )

#### Waiver Must Be Read and Signed:

I realize this is a strenuous event which requires prior training and I release sponsors, promoters, and officials of this event from all claims or damages arising out of my participation. I am in good health and proper physical condition to run a race of this length and type.

Runner's Signature   
Date

Signature of Parent or Guardian if under 18

THE COMMANDING GENERAL, UNITED STATES ARMY TRAINING CENTER AND FORT JACKSON  
presents an

## Armed Forces Tribute Concert

featuring the 90+ soldier musicians of the combined  
282nd Army "Victory" Band  
246th Army "Minutemen" Band  
434th Army Signal Corps Band  
a free concert open to the general public



May 12, 2007 7:30 pm

at the

### The Koger Center for the Performing Arts

at the University of South Carolina

1051 Greene Street Columbia, South Carolina

Armed Forces Tribute Concert  
May 12, 7:30pm

For free tickets fill out this coupon and mail with a self-addressed stamped envelope to:

KOGER CENTER BOX OFFICE  
701 Assembly Street  
Columbia, SC 29201

Name:   
Address:

Phone:

Number of Tickets Requested: ☐ 1 ☐ 2 ☐ 3 ☐ 4

For more information regarding Army bands, please visit <http://bands.army.mil>.





## DoD clarifies Reserve-component mobilization policy

**Jim Garamone**  
Army News Service

WASHINGTON — National Guard and Army Reserve Soldiers will mobilize and deploy for only one year, despite a new policy that active Soldiers will deploy for 15-month tours, a top defense official stressed April 13.

Thomas F. Hall, assistant defense secretary for reserve affairs, reaffirmed that reserve-component Soldiers are not affected by the 15-month tour policy that Defense Secretary Mr. Robert M. Gates announced April 11.

Four National Guard brigades have been alerted for possible mobilization for duty in Iraq beginning in December 2007. If needed, those brigades will mobilize, deploy and redeploy within one year.

“We have been experiencing 18- to 21-month mobilizations for our Guard and Reserves,” Hall said. “Families and employers told me that they simply could not sustain that.”

On Jan. 19, soon after taking office, Gates mandated reserve components would mobilize for one year and then have five years before another mobilization.

A second portion of Gates’ decision was that reserve-component units would train and deploy as units. Hall

said the “cross-leveling” that cobbled together units would end.

Finally, Gates said that a compensation package would be developed if units broke their dwell time at home — in other words, were mobilized before the five-year home-station period was finished. Hall said such a package is in development, and the details may be released soon.

About 13,000 Guardsmen from the four units — the 37th Brigade Combat Team, from Ohio; the 76th BCT, from Indiana; the 45th BCT, from Oklahoma; and the 39th BCT, from Arkansas — will mobilize under the new rules. While all these units have been in U.S. Central Command before, for fully two-thirds of the Guardsmen, this will be their first deployment.

Under the program, nine to 10 months before a potential mobilization, DoD officials will alert the Guardsmen.

“We’re going to get you that time for training; we’re going to get you the equipment ahead of time,” Hall said. The 45th Brigade Combat Team, for example, has already scheduled a 28-day training period instead of its normal two-week rotation, he said.

This will also help reduce stress on the force. There are 75,771 Reservists deployed worldwide to support the war

on terrorism, Hall said. This is 120,000 fewer than in 2005. “We have reduced the number of Guardsmen and reservists on active duty the equivalent of six Army divisions,” Hall said. “Now we want to make this more predictable.”

All of these changes are aimed at preserving the all-volunteer force, Hall said. The force is working magnificently. Recruiting standards remain high, he said. And, through March, overall reserve components are at 101 percent of their recruiting goals. The Army Reserve is down from its goals, he said, but Hall said he expects those numbers to climb in the coming months. The National Guard is at more than 106 percent of its recruiting goal.

“But, most important in my view is retention,” the secretary said. “It is almost at all-time highs. It’s the best it’s been since 1991. You just don’t stay with an organization or company that you don’t like.

“So, we must be doing something right,” he added, “because (service members) are staying at near record numbers.”

*Editor’s Note: Mr. Jim Garamone writes for the American Forces Press Service.*

## Army deployment change helps sustain plus-up

**Jim Garamone**  
Army News Service

WASHINGTON — The Army will be able to sustain 20 combat brigades in Iraq for at least a year, officials said during a recent news conference.

The Army’s policy change, announced by Defense Secretary Robert M. Gates April 12, extends the service of all active-duty Soldiers in the U.S. Central Command region to 15 months. All active-duty Army units headed to the command also will serve for 15 months.

This will allow the service to maintain the level of effort in the region for a year, Gates said. The five-brigade surge in support of the Baghdad security plan calls for 20 U.S. brigades in Iraq by the end of May.

While the policy increases the tour length, it also guarantees units will spend 12 months at home station. Had the service not gone to this policy, five brigades would have been sent back to Iraq less than a year after returning to their home stations, said Lt. Gen. James L. Lovelace, the Army’s deputy chief of staff for operations. That would have meant less training for Soldiers going into combat.

“Our standard is (U.S. Soldiers) will not deploy unless they are the best-trained, best-led, best-equipped force there is,” Lovelace said. “With the plus-up, we faced a situation with increasing probability of sending combat units into (U.S. Central Command) that did not have enough dwell time ... at home station in order to get trained.”

Lovelace said the service asked for



Photo by Sgt. Armando Monroig

***Soldiers now in the Central Command area of responsibility, and those headed there, will deploy for not more than 15 months and return home for not less than 12 months, Defense Secretary Robert M. Gates said during a Pentagon news conference April 11.***

these changes. Army leaders “know this is a hard decision for those deployed, whose families are back at home station and for those about to deploy who thought they were going to deploy for a year,” he said during the news conference. “We’ve been at war for more than five years now. American security and America’s future is at stake. We’re in it to win, and we take this very seriously. Our Soldiers understand this.”

Lovelace said that Army leaders decided that sending units to Central Command early was not an option. Typically a unit comes back to its home station and

Soldiers take block leave while the unit’s equipment is shipped back. The next few months are a reset time for the unit; Soldiers leave for training, professional military education, reassignment, retirement or separation. At the same time new Soldiers arrive, new equipment is brought in and older equipment is fixed.

The next stage concentrates on training Soldiers on individual skills needed in combat, followed by unit training. This culminates in the mission readiness exercise. This is a rehearsal of the mission that the unit will perform in combat. Upon completion, the unit prepares to go back to

combat operations.

Units must have a year at home station to accomplish all this, Lovelace said.

Soldiers will receive extra compensation for the time over one year they spend deployed in Iraq.

“When you go over the 12-month time period, the compensation shifts,” said Roy Wallace, the director of plans and resources in the Office of the Deputy Chief of Staff for Personnel. “Another \$200 is added to hardship duty pay and another \$800 is added to assignment incentive pay, for a total of \$1,000.”

All money earned in the combat zone is tax free for enlisted, as is part of officers’ pay.

In addition, the Army is aware of its responsibility to families, the officials said. The Army will adapt many of the solutions found when the 172nd Stryker Brigade Combat Team was extended in Iraq in 2006.

“When the 172nd was extended, a decision was made to stand up a Department of the Army ‘tiger team,’ ... to reinforce the capabilities of the unit in the garrison,” said Col. Dennis Dingle, director of the Human Resources Policy Office. “Some of the things that we were able to do were to streamline the processes and not have all of the issues go through the ordinary channels to get to the Department of the Army, and we were able to quickly fix a number of those issues that face our Soldiers and families.”

*Editor’s Note: Jim Garamone writes for the American Forces Press Service.*



# Community Highlights

## This Week

### Environmentally Friendly Furniture Ribbon Cutting

A ribbon cutting ceremony to showcase a display of environmentally friendly furniture considered for use on Fort Jackson will be held 10 a.m., today at the Strom Thurmond Building, Room 200. For more information call 751-1603.

### DOIM Closing

The Directorate of Information Management will be closed Friday for spring cleanup. For assistance, call 553-7342.

### OCSC Spring Auction

The Officers' and Civilians' Spouses' Club will hold the "Hawaiian Hooah" Spring Auction at 6 p.m., Friday at the Officers' Club.

The event is open to everyone and tickets are \$15 and can be purchased from an OCSC member, at the door or online at [www.geocities.com/fortjacksonocsc](http://www.geocities.com/fortjacksonocsc). Proceeds will be used for 2007 OCSC college scholarships awards for military family members. For more information call 477-1002.

### Spring Jamboree/Junior Olympic Skill Tryouts

The Fort Jackson Spring Jamboree will be held from 9 a.m. to noon, Saturday. Activities include a Family Fun Run and Earth Day activities. Junior Olympic Skill Tryouts will be held from 11 a.m. to 5 p.m. Tennis tryouts will be at 11 a.m. at Dozier Tennis Courts; soccer and track tryouts will be at 12:30 p.m. and 2 p.m., respectively, at the Youth Sports Complex and basketball tryouts will be at 3:30 p.m. at the Youth Center Gym.

### Red Cross Health and Safety Babysitter's Training Cancelled

The Red Cross Health and Safety Babysitter's Training class will set from 9 a.m. to 3 p.m., Saturday has been cancelled. A Youth Training Institute will be held from 9 a.m. to 4 p.m., Saturday on Bull Street in Columbia. Classes are free and are open to those 11-24 years old. For more information call 540-1242.

### The Jackson Flyers Association

The Jackson Flyers Association, a radio-control airplane club, will hold a spring fly beginning at 9 a.m., Saturday at their field on Wildcat Road. Small electric aircraft to large quarter scale planes and helicopters will be flown. For more information visit [www.jfa-rc.com](http://www.jfa-rc.com).

### Play Group

A Play Group will be held 10-11 a.m., Monday at the Strom Thurmond Building, Room 218. For more information call 751-4862.

### Anger Management Workshop

An Anger Management Workshop will be held 9:30-11:30 a.m., Monday at the Strom Thurmond Building, Room 218. For more information call 751-4862.

### Success With Stress Class

A Success with Stress class will be held 1:30-4 p.m., Monday at the Strom Thurmond Building, Room 218. For more information call 751-4862.

### Financial Planning Class

A Financial Planning class will be held from 8 a.m. to noon, Tuesday at the Education Center, Room B302. These classes are open to everyone. Registration is free but required. To register or for more information call 751-3580 or e-mail [Kimberly.Bottema@jackson.army.mil](mailto:Kimberly.Bottema@jackson.army.mil).

### Starting and Running a Small Business

A Starting and Running Your Business workshop will be held 9-11:30 a.m., Tuesday at the Education Center. You must register to attend, call 751-6062.

### Investments Class

An investments class will be held 1:30-3:30 p.m., Tuesday at the Education Center, Room B302. These classes are open to everyone. Registration is free but required. To register or for more information call 751-3580 or e-mail [Kimberly.Bottema@jackson.army.mil](mailto:Kimberly.Bottema@jackson.army.mil).

### EFMP Support Group Meeting

The Exceptional Family Member Program will hold a support group meeting 6-8 p.m., Tuesday at Army Community Service, Room 120. For more information call 751-5256.

### Financial Readiness for First-Term Junior Enlisted Soldiers

A mandatory financial readiness class for first-term junior enlisted Soldiers where Fort Jackson is the first duty station will be held from 8:30 a.m. to 4:30 p.m., Wednesday, at the Education Center, Room B303. The class is open to everyone. Registration is free but required for all classes. To register, e-mail [Kimberly.Bottema@jackson.army.mil](mailto:Kimberly.Bottema@jackson.army.mil) or call 751-3580.

### Operation RE/MAX Seminar

An Operation RE/MAX seminar will be held 9-10:30 a.m., Wednesday at the Education Center, Room B205. The program is open to military spouses, retirees, exiting personnel and injured service members. For more information or to register call 751-5452.

### Golf Tournament

The Law Enforcement Golf Tournament to benefit South Carolina Special Olympics will be held at noon, Wednesday at the Fort Jackson Golf

## Pick Me ... or me ...



Photos by Mike A. Glasch

**Left: A 7-8 month, gray tiger-striped female cat is looking for a home. Right: This 11-month-old, male Daschund mix wants his forever home. Spaying or neutering cost is included in the cost of adopting. Call the vet clinic at 751-7160 for information on adoption.**

Course. Registration begins at 10 a.m., shotgun start is at noon and the evening social is 5-7 p.m. The cost is \$600 per team or \$150 per golfer and includes lunch and dinner. For more information or to register call 576-3025 or e-mail [jpellicci@rcsd.net](mailto:jpellicci@rcsd.net).

### Play Group

A Play Group will be held 10-11 a.m., April 30 at the Strom Thurmond Building, Room 218. For more information call 751-4862.

### AUSA Luncheon

The Palmetto State Chapter of the Association of the United States Army will host a luncheon at 11:30 a.m., May 3 at the Officers' Club. The guest speaker is Lt. Gen. Michael Rochelle, deputy Chief of Staff of the Army. Cost is \$10 and seating must be reserved by April 30 by calling 751-7317, e-mailing [sbbutler@bell-south.net](mailto:sbbutler@bell-south.net) or mailing advance payment to P.O. Box 10188, Fort Jackson, S.C. 29207.

### Red Cross Health and Safety Class

A Red Cross Health and Safety class covering CPR, first aid and the Automated Emergency Device will be held from 8 a.m. to 5 p.m., May 5. Class is open to everyone and registration and payment is required one week prior to the class. For more information call 751-4329.

### FCC Recruiting Providers

The Family Child Care Program is recruiting military spouses who live in government quarters, and certified off-post individuals to be Family Child Care Providers. The next FCC training will be held from 8 a.m. to 4 p.m., May 7-11 at 3392 Magruder Ave. For additional information, call 751-6234.

### Asian Pacific Heritage Month Luncheon

The Asian Pacific Heritage Month luncheon will be held from 11:30 a.m. to 1 p.m., May 8 at the Fort Jackson Officers'

## Upcoming

### Financial Planning for Initial PCS Class

A Financial Planning for Initial Permanent Change of Station class will be held 8:30-10 a.m., April 26 at the Education Center, Room B303. This class is mandatory for first-term junior enlisted Soldiers preparing to PCS for the first time. Registration is free but required. To register or for more information call 751-3580 or e-mail [Kimberly.Bottema@jackson.army.mil](mailto:Kimberly.Bottema@jackson.army.mil).

### Vacation Bible School Workshop

A workshop for teachers and volunteers of Fort Jackson's summer Vacation Bible School will be held 6-7 p.m., April 26 at the Main Post Chapel. Vacation Bible School is scheduled for June 4-8. For more information call 234-4980.

### Kinder Gym

A Play Group Kinder Gym will be held 10:30-11:30 a.m., April 27 at the Child and Youth Services Gym. For more information call 751-4862.

### 4th Inf. Div. Reunion

A 4th Infantry Division Reunion will be held April 28 at the Airport Holiday Inn. For more information call 419-9247 or e-mail [kuhdamm@wmconnect.com](mailto:kuhdamm@wmconnect.com).



# Community Highlights

Club. For more information call 751-4916.

## National Prayer Breakfast

The Fort Jackson annual National Prayer Breakfast will be held 7-8:15 a.m., May 9 at the NCO Club. The breakfast is open to Soldiers, family members, Department of Defense civilians and other authorized members of the Fort Jackson community. For more information call 751-6322/4358.

## 193rd Change of Responsibility

The 193rd Infantry Brigade will hold a Change of Responsibility ceremony at 2 p.m., May 11 at the 193rd Inf. Bde. headquarters. Command Sgt. Maj. Charlie Larkin Jr. will assume responsibility from Command Sgt. Maj. Berry Kelly who is retiring after 23 years of service. Larkin comes to Fort Jackson from Fort Campbell, Ky.

## Career Fair

A Career Fair will be held from 9 a.m. to noon, May 15 at the MG Robert B. Solomon Center. More than 50 employers will participate. For more information call 751-5452/6062.

## Army Birthday Ball

The Army's 232nd Birthday Ball will be held June 16 at the Hilton Washington Hotel in Washington, D.C. Soldiers, family members, Department of the Army civilians and veterans are welcome, and formal attire is required.

For more information and to register online visit: [www.army.mil/birthday/232/ball/default.htm](http://www.army.mil/birthday/232/ball/default.htm).

## Weekly

### Overseas Travel Clinic

The Overseas Travel Clinic is held from 8:30 a.m. to noon, Friday. For more information call 751-5251.

### Military Widows/Widowers Association

The meeting is at 2 p.m., Sunday at Moncrief Army Community Hospital, eighth floor. For information call 787-2469.

### HEROS Meeting

The Helping Everyone Reach Optimum Strength group is meeting 5-6 p.m., Tuesday at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For information call 751-2160/2183.

### Civil Air Patrol Meetings

Civil Air Patrol is an official Department of Defense organization aligned under the Air Force with a cadet program for youth ages 12-18 and an

adult program as one of America's largest volunteer organizations. The group meets at 7 p.m., Monday at Owens Field and 7 p.m., Tuesday at Columbia Metropolitan Airport. For more information visit online at [www.scwg.cap.gov](http://www.scwg.cap.gov) or e-mail [cc@scwg.cap.gov](mailto:cc@scwg.cap.gov).

## Medical Board Office Closed

The medical board office is closed from 7:30 a.m. to 1 p.m., Thursday, for administrative time and office training. For more information, call 751-0359/7152/7318.

## Gastric Bypass Support Group

The Gastric Bypass Support Group meets at 6 p.m., the second Tuesday of the month in the MACH eighth floor waiting room. For information call 751-0392. This is not just for weight loss patients; anyone interested is welcomed.

## Monthly

### Fleet Reserve Association Meeting

The Fleet Reserve Association branch and unit 202 meets at 1 p.m., the third Tuesday each month at 2620 Lee Rd. Call 482-4456 for more information.

## Announcements

### Range Control Briefing Time Changed

Beginning April 30, the Range Control Briefing will be held each Monday at 1 p.m. at the Education Center, Room 302. The meeting has been held of Friday. For more information call 751-7171.

### CID Seeks Investigators

The U.S. Army Criminal Investigation Command is seeking highly-trained criminal investigators. Applicants must be at least 21 years old, have at least two but not more than 10 years of military service, have no records of personality disorders or of unsatisfactory credit, have two years of college and must not be higher rank than sergeant.

For more information or to apply visit online at: [www.cid.army.mil](http://www.cid.army.mil) or call 751-7664/7665.

### Volunteers needed for Special Olympics

Volunteers are needed for the 2007 South Carolina Special Olympics to be held May 4-6. Opportunities are available for youth, retirees, family members, civilians and active duty military.

Positions available are:

#### May 4

7 p.m. — ushers, attendants

#### May 5

8 a.m.-3 p.m. — escorts, lane scorekeepers



## Showing at the Dollar Theater

### Friday

Son of the Mask (PG) 3:30 p.m.  
I Think I Love My Wife (R) 7 p.m.

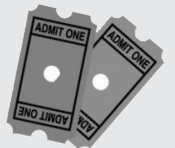
### Saturday

Premonition (PG-13) 6 p.m.  
Dead Silence (R) 8:30 p.m.

### Sunday

I Think I Love My Wife (R) 1 p.m.  
Premonition (PG-13) 3:30 p.m.

Call 751-7488 or go online to [www.aafes.com](http://www.aafes.com) for movie schedules.



8 a.m.-3 p.m. — escorts, timers, scorekeepers

8 a.m.-3 p.m. — escorts, bookkeepers, scorekeepers

11:30 a.m.-5 p.m. — games

7-9:30 p.m. — set up, clean up, serving refreshments

Those interested in volunteering e-mail [Marilynn.Bailey@us.army.mil](mailto:Marilynn.Bailey@us.army.mil) or call 751-5444.

### Parenting Groups

Moncrief Army Community Hospital will sponsor "Parenting Adolescents Challenging Change," a 10-week parenting group open to parents of middle school and high school students, and "Cooperation and Parenting," a 10-week parenting group open to parents of elementary school students. Groups are open to all valid ID cardholders. Space is limited. If you want to attend or for more information, call 751-2235/2216.

### Anger and Stress Management Groups

Moncrief Army Community Hospital will sponsor a 12-week "Adult Anger Management," group, and a 15-week "Adult Stress Management," group.

Groups are open to all valid ID cardholders. Space is limited. If you want to attend or need information, call 751-2235/2216.

### School Pre-Registration

Pre-registration forms for the 2007-2008 school year should be verified, corrected and returned to school as soon as possible. Children who will be 4 years old on or before Sept. 1 can be registered for school 9-11:30 a.m., beginning Monday at Pierce Terrace Elementary School.

To register a student, parents must bring the child's original birth certificate, South Carolina Certificate of Immunization, proof of residency from housing, military identification card, child's Social Security card and a copy of

sponsor's orders.

### Hunter's Group Interest

All Soldiers interested in a fall and winter deer hunting competition with potential as a Commander's Cup sporting event should call 751-4253 or e-mail [William.Longanare@us.army.mil](mailto:William.Longanare@us.army.mil).

### Thrift Shop Scavenger Hunt

The Fort Jackson Thrift Shop is holding a Scavenger Hunt all this month for military children 4-7, 8-12 and 13-17 years old. List and rules may be picked up at the Thrift Shop during business hours on Tuesdays, Thursdays and Saturdays. Items must be turned in by Tuesday. If no one finds all items on the list, the children with the most items will be the winners.

### Government Leave Transfer Program

There is a need for donated annual leave for employees who continue to be affected by Hurricane Katrina. For more information call 751-6426 or visit Web site <http://www.opm.gov/forms>.

### Thrift Shop Consignment Fee

The Thrift Shop consignment fee is changing from 25 percent to 30 percent for all consigned items beginning June 1.

The Thrift Shop is always looking for volunteers to work in the shop, with flexible hours and free child care while on shift. For more info call 438-9165.

### Reporting Abuse

Every Soldier and member of the military community should report information about known and suspected cases of spouse or child abuse to the reporting points of contact.

The military police have been designated for handling all reports of abuse and neglect, including those that occur in a Department of Defense sanctioned or operated activity. The 24 hour report line is 751-3113.



*Through the tears*

# PTSD battle not limited to front-

**Mike A. Glasch**

*Leader Staff*

You can see the struggle to suppress the tears, the biting of the lower lip, and hear the crack in his voice as Spc. Eric Goins recalls the night that changed his life. The night he hit rock bottom from a problem he had been fighting and denying for two years.

“One night last September a buddy and I were at the house drinking a lot. He left and I went to the bathroom and just started crying uncontrollably. I couldn’t stop. I felt all the pain from all the death,” said Goins, a mechanic with Headquarters and Headquarters Company, 187th Ordnance Battalion.

His wife of nine years, Heather, tried to calm him down, but to no avail. She tried calling his family but they were unable to help. Finally she called the paramedics.

“I was broken hearted. He had never, ever been like this,” she said. “He was crying and screaming at me to not let them take him.”

“The paramedics showed up with the MPs,” Goins recalled. “They took me downstairs and put me on a stretcher. I was fine until they got me into the back of the ambulance and tried to strap me in. I flipped out. I started fighting, trying to throw them out of the back.

“I don’t know what it was,” he said. “Mentally I could comprehend what was going on, but I couldn’t stop myself. I thought they were trying to kill me. I kept reciting the Soldier’s Creed over and over all the way to the hospital (Moncrief Army Community Hospital). Once I got to the hospital I was still combatant. I had both of my hands handcuffed to a gurney, my ankles tied down and straps across my chest, but I was still grabbing people if they got too close.”

Two years after returning from his second deployment to Operation Iraqi Freedom, Goins was ready to admit he had Post Traumatic Stress Disorder and needed help.

## ***PTSD on the rise***

Cases like Goins’ are growing in number. In the only comprehensive study to date, a 2004 study at Walter Reed Army Medical Center found 18 percent of Soldiers returning from Iraq and 11 percent of Soldiers returning from Afghanistan were at risk for PTSD.

It is estimated that number will grow as the War on Terrorism continues.

Dennis Reeves, a retired navy commander and psychologist who was in Iraq as part of a combat-stress team, predicts the number will reach Vietnam War proportions, where one in every three Soldiers was diagnosed with PTSD.

Lt. Col. Kevin Stevenson, chief of the Department of Social Work, MACH, isn’t surprised by that estimate.

“PTSD can surface while the Soldier is still in that stressful environment or it can manifest itself years later,” he said.

For Goins, the symptoms started during his second deployment. He first deployed to Operation Iraqi Freedom in April 2003 as a mechanic assigned to a mortuary affairs company out of Fort Lee, Va. His unit was stationed at Camp Wolverine, Kuwait, where he fixed vehicles. He said during that first deployment he loved his work.

“I felt important,” he said. “It gave me a whole new outlook on the military, I loved it even more.”

Goins returned to Fort Lee in October 2003. Six months later when he discovered he was being sent back to Camp Wolverine he was looking forward to it.

“The first two months of that second deployment all I did was work on cars that had been sitting there buried in the sand,” he said. “But then my first sergeant asked me to help with handling all the bodies that were coming in.”

Camp Wolverine served as a collecting point. All the fatalities



***Spc. Eric Goins, 187th Ordnance Battalion, and his wife, Heather, play ball with their sons, Koby, 5, left, on Monday. Goins was diagnosed with Post Traumatic Stress Disorder after returning from Operation***

from Iraq were sent there before being sent to the United States. Goins said he was asked to help get the bodies ready for shipment during June 2004 when violence in Fallujah was at its worse.

“We were overwhelmed. We were working two to three days straight with just a catnap here or there,” he said.

It was during this time Goins’ wife started to notice a change in him.

“He would call home and I could hear the stress in his voice,” she said. “He went from being upbeat to ‘I can’t do this anymore.’”

He said the breaking point came September 2004, a month before he returned to Fort Lee.

“The husband of a woman I was working with at Camp Wolverine was killed in Iraq. Once we did the ramp ceremony to ship his remains away I glanced up and saw her standing there, I saw her break down,” Goins said. “It made me realize that could have been me in that casket.”

## ***PTS v PTSD***

Goins said he started having trouble sleeping, and when he did sleep he was having nightmares. He said he wasn’t able to get any help for the mental and emotional burdens he was going through at the time. When he returned to Fort Lee a month later he said he felt isolated because the battalion leadership had changed while he was deployed.

“I was real edgy with a lot of people. Small little things would set me off,” Goins said. “I would fly off the deep end, scream and yell.”

Stevenson said the actions Goins exhibited are typical of a majority of people who experience a traumatic event.

“Seeing death, handling bodies, those things actually are normal reactions where a Soldier begins to have nightmares, or difficulty

sleeping, eating or being anxious at things,” Stevenson said. “What we see is aggression and the anger.”

Stevenson stressed it is important to have a connection between Post Traumatic Stress Disorder and the experience of being deployed to Iraq, Afghanistan or other combat zones.

The symptoms of PTS can manifest themselves emotionally and cognitively (See box for more information).

“It (PTS) is a normal physiological response to a traumatic event — war, natural disaster, etc.,” said Dr. John M. Stevenson, a military doctor who works in the ER, “Steve” exhibiting signs of PTS is not a cause for concern. In the weeks they tend to disappear. If the symptoms last a long amount of time that is when it becomes a problem.

If left untreated, PTSD can lead to serious consequences. In the summer of 2004, 20 Soldiers at Fort Bragg, N.C., who had recently returned from Afghanistan, murdered their wives. Two of those Soldiers then took their own lives.

“In severe cases Soldiers will talk about committing suicide or homicide. They’ll either talk about it directly or they’ll talk around it; saying things like ‘maybe things would be better if they weren’t around,’” Stevenson said. “Don’t take those comments lightly. You need to act immediately and do not leave the Soldier alone.”



# -line Soldiers



Photos by Mike A. Glasch

left, and Ethan, 9, at Semmes Lake on Iraqi Freedom in 2004.

s and agitated. Those are normal we see and deal with the most is the

tant to remember there is a differ-ress and PTSD. He said everyone istan and the Horn of Africa will

anifest themselves physically, emo- x for list of common symptoms). ogical response due to being in a lisasters, car accidents, or a nurse or evenson said. “In most cases cause for concern. After six to eight the symptoms persist for a pro- hen we have concerns.”

ad to serious 2002, five io had tan, ose s.



ts itely;

Goins said he never contemplated harming anyone, but he did exhibit quite a few other signs of PTSD.

“As far as our family relationship went, we really didn’t have one because I was either drunk or didn’t want to talk to anybody,” he said. “I just wanted to be alone and deal with whatever I was going through alone. I was pretty much scared to get back into life.”

His wife agreed that their family life suffered.

“There was no intimacy, we slept back to back, we never gave hugs or kissed,” his wife said. “He didn’t want to be bothered with anybody and I didn’t want to bother him.”

Six months after returning from his second deployment, Goins received orders for Fort Jackson. Though he had not received any help to treat his PTSD, Goins thought the move was just what he and his family needed. But the problems followed him here.

“I was running from my fears. I was running from everything — my children, my wife, my job, everything. I was scared. I didn’t know what was going on,” he said. “Once I got here I realized it didn’t fix itself.”

### Treatment

It wasn’t until six months after being here, the night he ended up strapped to a bed at MACH, that Goins finally admitted he needed help.

“I didn’t think I had PTSD. I had the attitude that it was for crazy people,” he said.

Goins’ attitude about PTSD isn’t unique. The WRAMC study found 60 percent of Soldiers returning from OIF and Operation Enduring Freedom were unlikely to seek help for PTSD out of fear their commanders and fellow Soldiers would treat them differently.

That negative stigma is something Stevenson said the Army has been trying to overcome.

“What the Army did was to put a lot of money into being sure Soldiers are able to have an opportunity to get counseling,” Stevenson said. “If they are not comfortable using the facilities here, they can call Military OneSource and receive six free counseling sessions off post without any notes being made in their medical records.”

Treatment for PTSD can include individual counseling sessions, group therapy and medication.

To help catch Soldiers who might be suffering from PTSD but are unwilling to admit it, Department of Defense has deployed more mental health professionals. When Soldiers return home, they are interviewed and fill out questionnaires to determine if they need treatment to deal with PTSD.

But some Soldiers do fall through the cracks, or don’t answer the questionnaires truthfully for fear of ruining their careers. Goins and Stevenson are quick to point out that the attitude toward Soldiers receiving mental health counseling has changed.

“I actually went through it (counseling) when I returned from Iraq,” Stevenson said. “I was a major at the time and now am a lieutenant colonel. If that negative attitude still existed I wouldn’t have been promoted.”

Goins discounts the theory that seeking mental health counseling can hurt a Soldier’s career.

“That fear that if a Soldier goes

**Spc. Eric Goins and his wife, Heather, talk about Goins’ battle with Post Traumatic Stress Disorder.**

## Common Post Traumatic Stress Symptoms

It is not uncommon for most Soldiers to experience some or all of the following symptoms upon returning from Iraq or Afghanistan. Typically, they will stop after six to eight weeks. If they last longer than two months, the Soldier could be suffering from Post Traumatic Stress Disorder and should seek help.

### Physical

- Trouble falling asleep
- Oversleeping
- Waking up in the middle of the night
- Difficulty with sexual and nonsexual intimacy
- Fatigue
- Feeling jumpy
- Being easily started

### Emotional

- Feeling overwhelmed
- Depression
- Irritability
- Feeling numb
- Difficulty readjusting to family routines
- Difficulty reconnecting with family
- Discomfort being around others in crowds
- Frustration
- Guilt
- Crying spells

### Cognitive

- Difficulty
- Loss of interest/motivation
- Concentration problems
- Difficulty talking about deployment experiences
- Loss of trust

(Courtesy of Military OneSource)

to mental health counseling his career is over is a bunch of bull,” Goins said. “My chain of command knows what I am going through and they are supportive of me. It does not affect my career.”

Treating PTSD isn’t a quick fix. Depending on the severity of the disorder it can take several years for a Soldier to recover. However, the Goins’ stress that shouldn’t deter anyone from seeking help.

“It’s not always going to be the hard times, the pain and the suffering,” Goins said. “It’s going to get better, but you have to realize there is a problem first and then you can fix it.”

His wife echoed the sentiment.

“You have to be patient. It’s not going to be an overnight solution that they are going to get better. It is a very long and very hard road,” she said. “They’re sick, but it’s treatable. You can’t give up on them. They need the love from their family to get through. Don’t give up and don’t quit.”

To get help for PTSD call the MACH Department of Social Work staff at 751-2216/2235. Off-post help is also available through Military OneSource by calling (800) 342-9647.

Michael.Glasch@jackson.army.mil



# Army News

## Policy boosts G.I. Bill eligibility

**Jim Garamone**

*Armed Forces Press Service*

WASHINGTON — A recent Defense Department policy change widens the eligibility window for some Reserve-component troops who want to use their Montgomery G.I. Bill education benefits, a senior DoD official said here Tuesday.

The DoD policy now aligns with Department of Veterans Affairs rules, which say National Guard members and reservists are eligible to receive Montgomery G.I. Bill education benefits for the period covering the amount of time they served on active duty, plus four months, said Tom Bush, principal director for manpower and personnel within the Office of the Assistant Secretary of Defense for Reserve Affairs.

After studying the matter in the past few months, DoD agreed to align its policy with the VA's, Bush said during a joint Pentagon Channel/American Forces Press Service interview. DoD's previous policy, he said, only recognized the amount of active-duty time as applied to the G.I. Bill

coverage period for reserve component members but still required the member to continue to serve in the Selected Reserve.

"The change, from the DoD perspective, is that the benefit now can be used by somebody who leaves the selected reserve for the amount of time that they've served on active duty, plus four months," Bush said. Guard and reserve members who attend regular drill training and meetings are considered part of the selected reserve.

The total amount of G.I. Bill coverage for reservists is still 36 months, Bush said. "So, if you've used part of that (G.I. Bill benefit) it may eat into that 36 months," he noted.

Bush said reservists normally have 14 years to use their Montgomery G.I. Bill benefits. However, that time might also be extended, he noted, by the amount of time Guard or Reserve members serve on active duty, plus four months.

Senior Guard and Reserve officials, as well as demobilization sites, have been alerted to the policy change, Bush said.

About 370,000 Guard and Reserve

members on drill or active-duty status have signed up to use Montgomery G.I. Bill benefits since the Sept. 11, 2001, terrorist attacks on the United States, Bush said.

The Reserve Education Assistance Program, established by the 2005 National Defense Authorization Act, is another DoD education initiative for members of the Guard and Reserve, Bush noted. To be eligible, service members must have served at least 90 consecutive days of active service after Sept. 11, 2001, in response to a Presidential or Congressional call-up of military forces for wartime or other emergency service.

Guard and Reserve members who served for two continuous years on active duty in support of a contingency operation would qualify for both the Montgomery G.I. Bill and REAP and could select which program they want to use, Bush noted.

Service members can determine if they qualify for the Montgomery G.I. Bill and REAP by contacting their local education office.

## Combat patches authorized at lower echelons

**J.D. Leipold**

*Army News Service*

WASHINGTON — The Army has changed its policy on the wear of combat patches as a result of the way Soldiers and their units now deploy.

Since 1945 the intent behind the wear of the combat patch, known as the "shoulder sleeve insignia-former wartime service," was to recognize Soldiers' participation in combat operations. However, this only applied to Soldiers who were serving with such large echelon deployed units as separate brigades, divisions, corps, Army commands or higher.

"Soldiers deploy differently now, at smaller echelon levels such as companies, battalions, combat brigade teams and as individual augmentees in support of larger echelon units," said Sgt. Maj. Katrina Easley, branch chief for uniform policy at Army G-1. "At those levels they weren't authorized to wear their unit patch as a combat patch."

Once Soldiers report to their first units, they wear their command's patch on their left sleeves. When deployed to a designated combat zone, Soldiers may also wear the company-level or higher patch that they serve with on their right sleeves.

In the past, confusion resulted over which combat patch should be worn by Soldiers who were cross-leveled, assigned, attached or serving as augmentees to deployed units. This also affected Soldiers under temporary duty orders in a combat zone.

The new guidance states that when echelons below company level deploy, Soldiers in those units may now wear the combat patch of the lowest-echelon command they deploy with, as long as it's at company level or higher.

The new implementing instructions to Army Regulation 670-1 became effective March 28 and are not retroactive.

As before, Soldiers who have earned multiple combat patches may choose which patch to wear. Soldiers may also elect not to wear a combat patch.

## Campaign urges parents to 'never shake a baby'

**Gerry J. Gilmore**

*Armed Forces Press Service*

WASHINGTON — The Defense Department is launching a new military family initiative aimed at stopping or reducing the incidence of "Shaken Baby Syndrome," a senior DoD official said here last week.

Frustrated parents, especially fathers, can negatively react to their baby's cries by shaking it, an act that can seriously harm or even kill the infant, explained David W. Lloyd, director for the Defense Department's Family Advocacy Program.

"Never shake a baby. The injuries can range from death to serious head trauma — meaning skull fractures, blindness, learning disabilities and stunted growth," Lloyd said.

This year, DoD is partnering with the National Center on Shaken Baby Syndrome headquartered in Ogden, Utah, to prevent Shaken Baby Syndrome, Lloyd said. About 400 information kits containing CDs, posters, pamphlets and other material were mailed out in early March to military installation family advocacy programs, medical treatment facilities and National Guard state family programs, he said.

"We just wanted to be part of a larger (Shaken Baby Syndrome prevention) movement that's occurring in the civilian community, as well," Lloyd said. This week, DoD is highlighting Shaken Baby Syndrome prevention in conjunction with National Child Abuse Prevention Month, which is observed each April.

Each year, between 10 and 20 infant deaths occurring across the military community are attributed to Shaken Baby Syndrome, according to DoD documents.

"Military parents are like all parents — they need information and support about how to cope with the stress of living with an infant, especially a baby that won't stop crying," said Leslye A. Arsht, deputy undersecretary of defense for military community and family policy.

DoD's Shaken Baby Syndrome prevention initiative provides parents with training and education they can employ when coping with crying infants, Arsht noted.

"Shaken Baby Syndrome is preventable," Arsht said.

Fathers and other males are responsible for 70 percent of shaken-baby cases, Lloyd said, noting the ages of infants involved range from newborns to one-and-a-half years old.

Fathers seem more susceptible to shake their babies out of frustration, likely because they don't bond with infants in the same way as mothers do, Lloyd said. A mother, he explained, quickly forms a bond with her baby by birthing and nursing it.

"We know that young men who are fathers are often nervous about how to pick up their baby or laying their baby down because holding that baby isn't something that they did when they were a young child," Lloyd said. "Girls when they're very young play with dolls and get used to the kinds of holding and other kinds of nurturing behaviors."

It's perfectly normal for fathers to become irritated during an infant's crying fits, Lloyd said. But, that's an ideal time, he emphasized, for fathers to step away and examine their thoughts and emotions. Babies cry, he said, because that's how they communicate things like being hungry or having full diapers that need to be changed.

Parenting classes available through installation family advocacy programs can assist military fathers in bonding with their newborns and infants, Lloyd noted.

Studies have shown that frequency of military deployments have little bearing on the occurrence of Shaken Baby Syndrome within military families, Lloyd said.

"Actually, we haven't seen any correlation between the increased rate of deployment and any increase in our child abuse, generally, or in our fatalities," Lloyd said.

However, even one case of Shaken Baby Syndrome is too much, Lloyd pointed out.

"It's normal to be irritated when your baby is crying," Lloyd pointed out. "You're not a bad dad. It's just that you're stressed out from your baby's crying. Put the baby down in a safe place (and) take time out for yourself."

Military parents can access a 24-hour counseling line at 1-800-342-9647 to surface their questions about Shaken Baby Syndrome and other issues.



MWR

Mind your manners!

CYS SKIES introduces etiquette class to summer line up

Theresa O’Hagan  
Morale, Welfare and Recreation  
Fancy dinner: **\$100**  
New outfit for fancy dinner: **\$120**  
Etiquette class to prepare for fancy dinner: **\$30.**  
Not being mortified at fancy dinner: **Priceless.**

Now you can dress your kids up and take them out. Child and Youth Services SKIES (Schools of Knowledge, Inspiration, Exploration and Skills) Unlimited program is offering “Mind Your Manners,” a class to teach young people the social graces he or she needs to be successful in today’s society.

The class, divided into four sessions, will be held at the Fort Jackson Officers’ Club 1-1:45 p.m., June 1, 8, 15 and 22. Topics include: table setting, how to use a knife and fork, meeting people, bow and curtsy, handshake, how to eat difficult food and social behavior such as invitation requests and thank you notes.

“Parents can expect their children to enhance their table manners and social behavior,” said Deborah Heath, “Mind

Your Manners” instructor with 20 years experience.

Heath began formally teaching classes to young people five years ago in her church and since then her classes have expanded throughout South Carolina. She holds an etiquette instructor certification from Grisling Design School of Etiquette, located in Port Richey, Fla.

“We have wanted to do a manners and etiquette class for a while now, although a lot of people may think it’s an old-fashioned concept,” said Beverly Metcalfe, director, Youth Education and Support Services. “People seem to have forgotten what it means to have good manners. Throughout their lives, people are placed in social situations where they need to know how to behave appropriately.”

In the modern society of cell phones, e-mail, aggressive driving, loud neighbors, inappropriate table manners or just plain rudeness, it can seem like civilization is becoming more and more uncivilized.

“I do not buy into the whole ‘it’s a new generation and things are changing’ kind of mentality,” Heath said. “You always strive to be polite, considerate and to look your

best. Once we realize that [rude behaviors], are out of order we will again become aware that politeness, consideration and appearance is here to stay. In addition, there is etiquette for cell phones. ‘Be polite’ will always remain a basis for all things concerning etiquette. A good practice for your e-mail etiquette is to never return an e-mail response with a phone call. Always reply via e-mail. Basic cell phone etiquette applies to most public places — know when to turn it off or vibrate it.”

Heath is ready to make the world a little more polite — one young person at a time.

“I think it is important to teach our children social graces because social graces will always provide the necessary tools for children to succeed through life’s unexpected journeys,” Heath said. “Few people realize how their mannerisms, consideration for others, listening skills, poise and appearance can affect their life successes or failures.”

Cost for this class is \$30. Registration is now open at the Central Enrollment Office. For more information, call 751-6777/3053.



**Today**  
**Victory Bingo** is 4:30-10:30 p.m. at 12500 Huger St. Play for more than \$25,000 in prizes.

The Officers’ Club is having a Southern Style Lunch Buffet from 11 a.m. to 2 p.m. Open to everyone.

**Friday**  
Play **Victory Bingo** and win prizes up to \$15,000. Guaranteed \$50 pay-outs.

**Dance** to a variety of music at **Magruders Club** from 9 p.m. to 3 a.m. The club is located in the back of Magruders Pub. Cover charge is \$3 for military and \$5 for civilians.

**Ident-a-kid** will be held 9-11 a.m. at Hood Street Child Development Center.

**Saturday**  
Every Saturday come out to the **Excalibur Lounge** in the NCO Club and enjoy music at 9 p.m. with the Big DM. Military cost is \$3 and civilian cost is \$5.

**Play Golf America Day and Demo Fair** will be held from 8:30 a.m. to 3 p.m. at the Fort Jackson Golf Club.

**Earth Day Family Fun Run and Long Hot Summer Activity Fair** will be held from 9 a.m. to noon at the Youth Sports Complex.

**Sunday**  
Did you know that it is a guarantee for \$4,000 to be given away during **Victory Bingo** every time it’s played? Grab a share, play bingo 12:30-4:30 p.m.

**Couples’ Tournament** at the Fort Jackson Golf Club.

**Monday**  
The **NCO Club** presents a **full lunch buffet** featuring fried chicken or fish, fresh vegetables, full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

**Volunteer Recognition Ceremony** will be held at 1 p.m. at the MG Robert B. Solomon Center.

**Tuesday**  
Visit Magruders for **free movies** — always the latest releases.

The Officers’ Club is having a **Southern Style Lunch Buffet** from 11 a.m. to 2 p.m.

**“Jamaican Me Crazy” Lunch Buffet** will be held from 11 a.m. to 2 p.m. at the Officers’ Club, featuring Caribbean chicken, Island Pasta Salad and Jamaican Curried Bananas.

**Exceptional Family Member’s Program Support Group** will meet at 6 p.m. at Army Community Service in the Strom Thurmond Building.

**Financial Basic Training** will be held from 8 a.m. to noon at the Education Center, Room B-302.

**Wednesday**  
Be a singing sensation with **Karaoke** at **Magruders Club** starting at 7:30 p.m.

Enjoy **Mongolian Barbecue, Asian Stir-Fry** at the Officers’ Club. You don’t have to be an officer or a member.

Join the “Beat” 100.1 FM with the sounds of Bobby Brown and the Beat, hosted by Timmy Tim at the **NCO Club** from 9 p.m. to 2 a.m. The bar opens in **Liberty Lounge** at 5 p.m.; cover charge is \$3 for military and \$5 for civilians.

**Administrative Professional’s Day Lunch Buffet** will be held at the Officers’ Club ballroom.

**Financial Readiness for First-Term Soldiers** will be held from 8:30 a.m. to 4:30 p.m. at the Education Center, Room B-302.

**Military Smart Consumer** class will be held 4:30-6:30 p.m. Free i-Pod giveaway. For more information call 751-5256.

**Ongoing Offers**  
The **NCO Club lunch buffet** is served from 11 a.m. to 1:15 p.m., daily. The cost is \$7, adults, \$3.75, children.

Enjoy **lunch at The Officers’ Club** from 11:30 a.m. to 1:15 p.m., Tuesday through Friday.

The **Officers’ Club specializes in catering** wedding receptions, anniversaries, promotions and other special occasions. Call 782-8761 for information.

The **NCO Club caters** to all your needs: dining in, dining out, promotions, breakfasts, meetings, birthdays, weddings, graduation, retirements and any other special occasion.

**Did You Know ...**  
Knight Pool has extended hours. It is now open from 6 a.m. to 2 p.m., and 4:30-7:30 p.m., Weekdays.

MWR seeks lifeguards

Morale, Welfare and Recreation is now training shallow water attendants, lifeguards and water front lifeguards.

Class fee is \$75 for MWR eligible identification card holders, \$150 for all other patrons (if you work as a lifeguard for MWR you are eligible for a class refund).

The next training classes will be held 4:30-9 p.m., April 23 through May 1, excluding Saturday and Sunday, at Knight Pool.

A complete training schedule is available at Knight Pool.

All lifeguards must be at least 15 years old. New Lifeguard prerequisites:

*Shallow Water Attendant (Water Park)*

- 50-yard swim with 25 yards of front crawl and 25 yards of breast stroke
- 20-yard swim with surface dive to retrieve a 10-pound object from depth of 4 feet and exit water (timed event)

*Lifeguard ( Pools)*

- 300-yard swim with 100 yards of front crawl, 100 yards of breaststroke and 100 yards of either front crawl or breaststroke
- 20-yard swim with surface dive to retrieve a 10-pound object from depth of 7 to 10 feet and exit water (timed event)

*Waterfront lifeguards (Weston Lake)*

- 550-yard swim with 200 yards of front crawl, 200 yards breaststroke and 150 yards of either front crawl or breaststroke
- 20-yard swim with surface dive to retrieve a 10 pound object from depth of 7 to 10 feet and exit water (timed event)
- Swim 5 yards; submerge and retrieve three dive rings placed 5 yards apart in 4-7 feet of water; resurface; swim 5 yards to the side of pool.



Ask the MEDDAC commander

Understanding alcoholism, alcohol abuse



Col. James Mundy

Q What is alcoholism?

A Alcoholism, also known as “alcohol dependence,” is a disease that includes alcohol cravings and continued drinking despite repeated alcohol-related problems, such as losing a job or getting into trouble with the law. It includes four symptoms:

- Craving — A strong need, or compulsion, to drink.
- Impaired control — The inability to limit one’s drinking on any given occasion.

- Physical dependence — Withdrawal symptoms, such as nausea, sweating, shakiness and anxiety, when alcohol use is stopped after a period of heavy drinking.
- Tolerance — The need for increasing amounts of alcohol to feel its effects.

Q Is alcoholism inherited?

A Alcoholism tends to run in families and genetic factors partially explain this pattern. Currently, researchers are on the way to finding the genes that influence vulnerability to alcoholism. A person’s environment, such as the influence of friends, stress levels and the ease of obtaining alcohol, may influence drinking and the development of alcoholism. Other factors, such as social sup-

port, may help to protect even high-risk people from alcohol problems.

Q Do only alcoholics experience problems from alcohol?

A No. Even if you are not an alcoholic, abusing alcohol can have negative results, such as failure to meet major work, school or family responsibilities because of drinking, alcohol-related legal trouble, automobile crashes because of drinking and a variety of alcohol-related medical problems. Under some circumstances, problems can result from even moderate drinking — for example, when driving, during pregnancy or when taking certain medicines. It is also extremely important to realize that alcoholism can have detrimental

effects on the family.

Q How can a person get help for an alcohol problem?

A Moncrief Army Community Hospital’s Substance Abuse and Rehabilitation Department is open from 7:30 a.m. to 4 p.m., Monday through Friday. If you suspect yourself or a love one of being an alcoholic or if you just want to speak to someone concerning this issue, call 751-6597. All information is confidential. If you would like to submit a question for Ask the MEDDAC or DENTAC commander, call 751-2338 or e-mail Pamela.English@se.amedd.army.mil.

Fort Jackson pilots PTSD program at MACH

1st Lt. Nakia C. Hall  
Moncrief Army Community Hospital

Moncrief Army Community Hospital is one of the first United States Army medical facilities that have banded together its Community Mental Health Services along with its Occupational Therapy team to assist Soldiers who are experiencing stressors associated with deployment. The pilot program is called “Soldiers Overcoming Combat Ordeals through Management”(SOCOM). “The purpose of SOCOM is to provide a continuum of care through specialized services to Soldiers returning from hostile and war zone areas that are experiencing psychological symptoms of trauma, combat stress and Post Traumatic Stress Disorder,” said 1st Lt. Amy Weil, occupational therapist.

The SOCOM group was designed for small group interaction, typically no more than 10 participants per group. The group meets weekly for six weeks, with each session lasting about two hours. The sessions are divided into four phases: identification, processing, recovery/family and continuum of care/re-entry. These phases cover things such as normalizing and processing feelings, regulating anger, music therapy, stress management and relaxation techniques. “One in five Soldiers are returning from either Operations Iraqi or Enduring Freedom with PTSD,” said Sonjia A. Howard, one of SOCOM’s developers. The program began in May 2006 and the first group had eight Soldiers with varying backgrounds in the military. The PTSD Checklist Military Version (PCL-M) is an assessment that consists of 17 questions that corre-

spond with the accepted diagnostic criteria for PTSD. This form is specifically related to military experience and is commonly used across the country as a valid tool. It was issued as the outcome measure and given at the initial and final sessions of the group. Overall, seven in eight patients reported at least 60 percent reduction in symptoms. One patient stated on his after action review, “I like the way we came to the point that we could express our feelings about the way we feel and the affects PTSD have on us.” MACH’s intent is to develop a set of processes and protocols that can be used Army wide to expedite Soldiers’ recovery and rehabilitation to a normal standard of living. For more information regarding this study, call 751-5911.

<b>TRICARE online</b> Beneficiaries can schedule an appointment 24 hours a day, seven days a week. Visit the TRICARE Online Web site at <a href="http://www.TRICARE.mil">www.TRICARE.mil</a> . Go to <a href="http://www.moncrief.amedd.army.mil">www.moncrief.amedd.army.mil</a> for more information or call 751-0338. The new kiosks are located in the following areas: <b>Building/Location</b> 4679 Post Library — main room 6510 Solomon Center — near ICE machine, lobby 5450 Strom Thurmond Bldg — front lobby 4500 Hospital — Family Health Center 4110 Refill Pharmacy at PX near blood pressure machine	4600 Education Center — lobby 6000 Palmetto Lodge — lobby 4110 Service area at PX — near ICE machine, back of PX 4500 Hospital Pharmacy <b>Helpful Information</b> <a href="http://www.moncrief.amedd.army.mil">www.moncrief.amedd.army.mil</a> <a href="http://www.tricare.osd.mil">www.tricare.osd.mil</a> Toll-free phone number for MACH is (877) 273-5584 or call locally at 751-CARE (2273). <b>Tobacco Cessation</b> The next Tobacco Cessation program begins at 1 p.m., May 8 at 4323 Hill St. An appointment must be made to enter the program. For more information or to schedule an appointment, call 751-5251. An additional class will begin July 17.	<b>Medical Records</b> Medical records are the property of the U.S. government and must be turned in at the Medical Records Station upon enrolling at MACH. Call 751-2471 for a copy of records. <b>Pharmacy</b> Refill prescriptions online at <a href="http://www.moncrief.amedd.army.mil/">http://www.moncrief.amedd.army.mil/</a> . “Pharmacy Refills Online” is on the right side of the Web site. The Post Exchange Refill Pharmacy is the only site to pick up refills called in or ordered online. MEDDAC requires a signed authorization form to be completed before a spouse, family member or friend can pick up someone else’s prescriptions. <b>Main Outpatient Pharmacy:</b> open from 7:30 a.m. to 5:30 p.m., weekdays (in the MACH basement). <b>Refill Pharmacy:</b> open from 9 a.m. to 6 p.m., weekdays (in the Post Exchange Annex). <b>Main Outpatient Clinic</b> 751-2385 <b>Refill, Voice</b> 751-4609 <b>Refill, Automated</b> 751-2250 <b>Toll-free refill</b> (866) 489-0950 <b>Medical Records</b> Medical records are the property of the U.S. government and must be turned in at the Medical Records Station upon enrolling at MACH. Call 751-2471 for a copy of records. <b>Adopt a Pet</b> Call the Fort Jackson Veterinary Clinic at 751-7160 for information.
--	---	--



# Down from the mountaintop

Chaplain (Capt.) Rick Cantrell  
1st Battalion, 13th Infantry Regiment

The transfiguration of Christ is recorded in Mark 9:1-12.

Peter, James and John accompanied Jesus up a high mountain. After Jesus was transfigured, Peter was so moved by the magnificence and glory of God that he said, “Rabbi, it is good for us to be here” (Mark 9:5a).

Peter wanted to camp out and savor the awesome presence of God indefinitely. We too, like Peter, want to extend our mountaintop experiences with God because they do not happen often. The sobering reality is that our mountaintop experiences quickly fade away as we journey down the mountainside.

In Mark 9:9-12, Jesus, Peter, James and John made their way down the mountainside to link up with the other disciples. They immediately encountered a large crowd of people arguing over a boy who was possessed by a spirit (from childhood), that robbed him of his speech (verse 17).

The disciples were unable to help the boy because of their disbelief, conflict with the crowd, misunderstanding and spiritual impotency. All they could do was engage the crowd in a fruitless debate.

Just moments earlier, the disciples were basking in the presence of God and filled with faith and peace on the mountaintop, and now, down the mountainside, they faced evil, confusion, conflict and disbelief. It is important to note, Jesus was with the disciples on the mountaintop as well as down the mountainside.

I submit to you that it is during our everyday struggles (down the mountainside) with evil, conflict, confusion and even disbelief, that God’s presence seems to strengthen and sustain us more.

Then, when the mountaintop experiences come, we will value and appreciate them even more.

## Calling all prayer warriors

Main Post Chapel, Room 213, noon on Thursdays, to intercede for our nation’s military and families.

## Worship services

### Protestant

- Sunday 8 a.m. and 10:45 a.m. Daniel Circle Chapel (Gospel)  
8 a.m. Tank Hill Chapel (Hispanic)  
9:00 and 10:30 a.m. Vanguard Chapel  
9:30 a.m. Main Post Chapel  
10:45 a.m. Post-wide Sunday School (Post Chapel)  
11 a.m. Daniel Circle Chapel  
11 a.m. Memorial Chapel  
11 a.m. Chapel Next  
Chaplain School
- Wednesday 7 p.m. Gospel Mid-week Service Daniel Circle Chapel

### PROTESTANT BIBLE STUDY

- Monday 7 p.m. Women’s Bible Study (PWOC - Post Chapel, Class 209)
- Wednesday 7 p.m. LDS Bible Study (Tank Hill Chapel)  
7 p.m. Anderson Street Chapel  
7 p.m. Daniel Circle Chapel  
7 p.m. Gospel Congregation’s Youth (Daniel Circle Chapel)
- Thursday 9:30-11 a.m. Women’s Bible Study (PWOC — Post Chapel)  
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
- Saturday 8 a.m. Men’s Prayer Breakfast (Post Chapel, every second Saturday of the month in Chapel Fellowship Hall)

### PROTESTANT YOUTH OF THE CHAPEL

- Sunday 5 p.m. Daniel Circle Chapel (1st & 3rd Sundays)
- Wednesday 6:30 p.m. Main Post Chapel

### Lutheran/Episcopalian

- Sunday 8 a.m. Memorial Chapel

### Islamic

- Sunday 12:30-1:45 p.m. Islamic Studies
- Friday 12:30-1:45 p.m. Jum’ah Services (both - Main Post Chapel)

### Church of Christ

- Sunday 11:30 a.m. Anderson Chapel

### Catholic

- M/W/F 11:30 a.m. Mass (Post Chapel)
- Sunday 8 a.m. Mass (Solomon center)  
11 a.m. Mass (Main Post Chapel)  
9:30 a.m. CCD (Education Center)  
10:30 a.m. Adult Inquiry  
11:30 a.m. Catholic Youth Ministry
- Wednesday 7 p.m. Rosary  
7:30 p.m. RCIA/Adult Inquiry

### Jewish

- Sunday 9:30-10:30 a.m. Memorial Chapel  
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

### Latter Day Saints

- Sunday 9-11:30 a.m. Anderson St. Chapel

### Addresses, phone numbers

**Daniel Circle Chapel** — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216  
**Main Post Chapel** — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469  
**Tank Hill Chapel** — 9476 Kemper St., 751-5037  
**Family Life Center** — 9476 Kemper St., (inside of Tank Hill Chapel), 751-4542 or 751-6469  
**Anderson St. Chapel** — 2335 Anderson St., Corner of Jackson Blvd., 751-7032  
**Ed. Center** — 4581 Scales Ave.  
**Vanguard Chapel** — 4360 Magruder Ave., 751-3883  
**120th Rec. Bn.** — 1895 Washington St., 751-5086  
**Memorial Chapel** — 4470 Jackson Blvd., 751-7324



The following are selected incidents developed from reports, complaints, incidents or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

**Lt. Col. Greg Vibber**  
Director, Emergency Services/Provost Marshal

**Master Sgt. Allen Taylor Jr.**  
Provost Sergeant Major  
**Billy Forrester**  
Fire Chief

## Cases of the Week

A Soldier was charged with **Assault-Consummated by a Battery** after he struck another Soldier several times in the face during a verbal dispute.

The victim was transported to Moncrief Army Community Hospital for facial fractures and other injuries. The assailant was charged with assault and released to his unit.

A Department of the Army civilian contacted the Provost Marshal Office to report **Damage to Private Property** after he discovered his vehicle had been scratched by an unknown person(s) while parked at Perez Gym.

Estimated damage was \$1,000; any information on the above damage can be report to 751-3115/3114.

Military Police responded to a Traffic Accident of Damage to Government Property.

After further investigation, a civilian was charged with **Driving Too Fast for Conditions, Driving under Suspension and No Proof of Insurance** after he lost control of his vehicle, struck a perimeter fence and drove into an embankment. No injuries were reported.

Military Police Investigators revealed two Soldiers knowingly damaged, destroyed and removed various quantities of scrap metal and other materials at a training site then later sold the Government Property to various off-post recycle centers.

Both Soldiers were charged with **Larceny of Government Property and Wrongful Damage to Government Property.**

## Fire Chief Tip of the Week

- Charcoal and gas grills must be closely monitored to ensure safe use.
- Grills must be located a minimum of 10 feet from any structure or building.
- Never use a charcoal or gas grill inside a building.
- When cooking, never leave a grill unattended.
- Never store charcoal, lighter fluid or propane tanks inside a building. Store these items outside or in a flammable storage cabinet.

## FORCE PROTECTION THOUGHT OF THE WEEK

# MEDIA AWARENESS



Refer all media requests to The Public Affairs Office

Protect Soldiers by protecting information



# Legal

## Think renter’s insurance isn’t important?

**Capt. Chris Roten**  
*Legal Assistance Attorney*

The first time most people think about insurance is when purchasing their first car or home. This is because the bank or the law usually requires people to have insurance in place to purchase these items.

Although renter’s insurance is usually not required, it is just as necessary to have. It will not only protect personal items, but will also help with temporary housing and liability protection, such as medical expenses for people injured on the property. Once a need for renter’s insurance is determined, knowing the available options will help define the best policy.

Soldiers and families living in quarters may think renter’s insurance is not necessary because the government will pay them if their personal belongings are damaged or stolen.

While this may be true, the government will only pay the depreciated value of personal belongings. Renter’s insurance can cover the full replacement cost of items, going back to the date items were purchased, rather than the current

fair market value price of the items. If the ceiling in a rented property is damaged by wind or hail in a storm, the damage is covered by the landlord, as are structural repairs covered in military housing quarters. But what about the damage to a brand new stereo or television? What about the money necessary for another place to stay while the ceiling is being fixed? These are the types of things that would be covered by a renter’s insurance policy.

Along with personal property coverage and living expenses, a policy also covers liability or damage to others or their property. For example, a friend visits and slips on the ice outside the door. That walkway is your responsibility to keep clear. Your friend needs medical attention and after a falling out, decides to sue. Renter’s insurance can help pay for the medical expenses and a lawyer.

There are some things to consider when purchasing a policy that will affect the price and coverage.

1. *Dollar amount of coverage:* A dollar amount is not placed on each item owned, instead a fixed amount for all possessions will be determined. The more

### Legal Assistance Office

Fort Jackson’s Legal Assistance Office is located in the Office of the Staff Judge Advocate, 9475 Kershaw Rd., and is open from 9 a.m. to 4 p.m., Monday through Thursday. Appointments can be made by calling 751-4287.

The office accepts walk-ins for living wills, health care powers of attorney and durable powers of attorney, 1:30-3:30 p.m, Tuesdays and Thursdays.

Walk-ins are welcome for general legal questions and are accepted 1:30-4 p.m., Wednesdays.

coverage purchased, the higher the price of the policy.

2. *Deductible:* How much are you willing to pay out of pocket before insurance kicks in.

3. *Actual cash value (or depreciated cost) versus replacement cost:* A basic policy will pay actual cash value, which is the value of the property at the time of loss. This is also what the Army claims office will pay if you live in quarters, but, a replacement cost policy pays for an actual replacement. For example, a three-year-old stereo will be replaced with as much money as it would cost to purchase a new comparable stereo. Expensive items prone to theft, such as jewelry and guns, only have limited coverage so it is

wise to place these items on a separate policy.

4. *Location and previous claims:* If renting in an area prone to thefts, an insurance policy will probably cost more. Also, if you, the previous renter or neighbors who live in the area have had a large amount of claims, this will likely affect the cost of the policy.

The average renter can get complete coverage for a couple hundred dollars or less a year, depending on location. If you have questions about renter’s insurance, contact a local insurance company and get quotes. Shopping around will offer information on different prices and different coverage options that best suit individual needs.



# Sports

## Army driver continues impressive start, finishes third in Texas race

### U.S. Army Racing

FORT WORTH, Texas — The Mark Martin 2007 story got even more interesting following his impressive third-place finish in Sunday's Samsung 500 Nextel Cup race at Texas Motor Speedway.

After taking the previous two races off as part of his limited schedule for Ginn Racing, Martin came back with another solid performance.

The Army driver, who has now competed in five Cup races this season, posted his fifth straight top-10 result and fourth top-five. Despite missing the two races in Bristol, Tenn., and Martinsville, Va., Martin is 11th in driver points, within the top-12 of the Chase cutoff.

In Nextel Cup owner points, the 01 team jumped from sixth to fourth.

"This team is just awesome — they are the best I've ever worked with," Martin said moments after climbing out of his No. 01 Army Chevrolet. "I want to be careful about bragging too much, but I have hit the lotto. To be able to drive these cars for this team is a dream come true. And to be able to step away when I want to, I just could not imagine having that kind of privilege. I just really, really love working

with Ryan (Pemberton, crew chief) and the team. They are so excited and that makes it so much fun to go to work."

Martin started the race sixth based on owner points after Friday's qualifying session was canceled due to severe weather. The team struggled early with the car's handling in traffic and Martin dropped back to as far as 15th.

"About halfway through the race we got the car adjusted to our liking," Martin said. "The closer we got to the front, the Army Chevy performed much better. The pit crew was outstanding again — they pounded out fast stops and got us to the front."

The 01 team made its final adjustment on its fourth pit stop of the race (Lap 117 of 334), moving the track bar up and adjusting the air pressure. Martin returned to the field in 14th position and started his march to the front.

"Man, I would have loved to have won for our Soldiers who are out there defending our country all over the world," Martin said. "It's an honor to drive the Soldiers' car."

The race winner (Jeff Burton) and runner-up (Matt Kenseth) are Martin's former



Photo by U.S. Army Racing

**Mark Martin earned a third-place finish in Sunday's Samsung 500 Nextel Cup race at Texas Motor Speedway.**

teammates.

"I really wish I could've been up there with my buddies scraping for the win," added Martin. "But I am satisfied with third."

The Army Team will return to action next weekend in Phoenix, Ariz., where Martin will make his race debut in the Car of Tomorrow. The Phoenix race is scheduled for Saturday evening.

## Sports Briefs

### Softball Coaches' Meeting

The Fort Jackson Softball coaches' meeting will be held at 5 p.m., Tuesday at the Joe E. Mann Center.

### Triathlon

The Fort Jackson Spring Triathlon will be held April 26. Active duty Soldiers must turn in swim time, which must be under 16 minutes for 500 meters, by 1 p.m., today. Swim time can be a time that has been verified at the pool. For more information call 751-4796/7146.

### Strongman Competition

The Strongman Competition — for active duty Soldiers only — will be held May 19 at Hilton Field. Events include truck pull, tire flip/farmer's walk and the log press. Each battalion may send up to four participants and Soldiers must weigh-in the morning of the event. For more information, call 751-7146/3096.

## Army lacrosse team faces off against Navy Sunday



Photo Courtesy of Army Athletics Communications

**The Army lacrosse team has qualified for the Patriot League Tournament and will be the fourth seed when play begins April 27 at Navy in Annapolis, Md. The Black Knights finished league play at 3-3 and will face-off against their service academy rivals in one semifinal contest. Navy (6-0) is the top seed and host school. Army is tentatively scheduled to play at noon April 27 at Navy-Marine Corps Stadium. The finals will be Sunday at Navy at a time to be announced and will be shown live on College Sports Television. Army, 6-5, overall, still has three regular season games remaining.**



# CLASSIFIEDS

## 100 Announcements

VFW Post 641, 534 S. Beltline Blvd., Columbia will have a Karaoke Birthday Dinner with our awards ceremony for the past year. Award Ceremonies start at 5p.m., Social Hour 6-7p.m., Dinner 7p.m., Karaoke 8p.m.-until. Saturday, April 28. 803-782-5943.

## 101 Child Care

Daycare Northeast. 1 year and up. Day and night. For more information Call 803-772-3048.

**IN HIS PRESENCE CHILD CARE:** Registered Child Care Provider. Part-time and Full-time Available. Great hours, 5:00a.m.-6:00p.m. Saturday Drop-offs 7:00a.m.-12:00p.m. Openings for ages two thru five. 803-699-2692. Mrs. Nashica Gray, Director

## 106 Yard Sale

Moving Sale Saturday 21 April, 9:00 a.m.-3:00 p.m. Toys, furniture, children's mattress, clothes, other household items. 118 Whixley Ln. (in Patriot Park off Percival Rd.)

## 108 Roommate Wanted

10 minutes to Fort, 20 minutes to McEntire. Month-to-month lease. Retired male vet wants non-smoker to share home off Leesburg Rd./Garners Ferry. Furnished room w/micro, fridge, W/D, linens, ceiling fan, \$50 cash back. Free utilities. \$325/month, \$125/deposit. 776-9549, leave name/number Ex Military has room for rent in the McIntire Air Base area, \$325/month. Utilities, cable, washer, dryer and access to kitchen included in rent. Call James, 803-361-1626.

Room for rent in spacious new home, 15 min. to FT Jackson. Kitchen, laundry, Direct TV & Patio available. \$450 per month + deposit and utilities. No smoker or drugs. Close to I-77 and I-20. Call 803-361-8623.

Room for rent in the Northeast Area. \$400/month plus share utilities. Kitchen and laundry available to share. Telephone and cable provided. For more information call 803-772-3048.

## 200 Help Wanted

**DELIVERY DRIVER:** Immediate opening for Reliable, Courteous Person Familiar with Greater Columbia area. Call John Partridge, Rosewood Florist, 803-256-8351, M-F, 1-5 p.m. or stop by 2917 Rosewood Dr. for application.

**IMMEDIATE OPENING:** Part Time Position, M-F, 10:30-12:30. Must Be Dependable. Apply in person between 10:30-12:30 at Fort Jackson Bus Station, Bldg. 4350, MacGruder St. No experience necessary.

## 200 Help Wanted

**JEWELRY SALES ASSOCIATE** For Special Pearl Promo Sale at Ft. Jackson PX; From 4/24-4/29/07. \$10.00 per hour. Call Sandy at 972-713-6373.

**OPEN POSITION:** Quiznos Sub at Walmart Plaza on Forest Drive. Lunch help needed. Great for at home adults with school age children. Hours are 10-2, M-F. Apply at the store. Ask for Tiffany or Steven. Phone 790-0613.

**RECRUITING SOLUTIONS** Actively recruiting experienced healthcare personnel for the following: MA, LPN, RN, Lab Tech, medical front office. Send resume to asheehan@recruitingsolutions online.com or fax to 803-806-8135.

**SALES ASSOCIATE FULL TIME:** Immediate opening for Reliable, professional person. Typing skills required. Benefits. Call John Partridge @ Rosewood Florist, 803-256-8351, M-F, 1-5 p.m. or stop by 2917 Rosewood Dr.

Tile installers and trainees wanted, \$10-\$25 per hour, DOE. Rapid advancement. Call Bruce at The Grout Medic, 803-603-2210.

## 300 Services

I can buy or lease your house today. Call for details. 803-463-2043. [www.goldprop.com](http://www.goldprop.com)

**SPRING CLEANING SPECIAL!** Call The Clean Connection for your complimentary consultation today! We provide residential, commercial, move in/out and event cleaning services. Call now and receive \$10.00 off your initial cleaning. Call 803-260-0135 or visit [www.thecleanconnection.net](http://www.thecleanconnection.net)

## 500 Pets

AKC Reg. Cocker Spaniel Puppies, various ages, colors, prices. Older ones housebroken. Sire DNA Cert. w/AKC. Parents my pets. Raised in my home, not kennel. 22 yrs. exp. Payment plan. References, health guarantee. Delivery. View on Web. 803-469-0911, 803-236-8325, 803-565-7575.

Blue Pitbull Stud: 1 year old, approx. 70 lbs. His bloodline is Zebo and Gaff. Stud service price is \$500. I do not want pick of the litter, just the stud price. Call Greg, 803-719-6060.

Free 1 year old male Yorkie/Jack Russell Terrier to a Good Home. He's tan, very sweet dog. He's neutered and up-to-date on shots. Very energetic and loving. Don't have time for him and hate to put him to sleep. Please call 803-474-0232.

Purebred White Lhasa Apso female puppy with papers and accessories, \$300. Call 865-9314.

## 500 Pets

FREE to Good Home ONLY: 2 year old female black/white/brown Walker Hound, Chow Puppies and a brown male Lab Mix. Please call 843-334-6871 or 803-243-2436.

**FREE TO GOOD HOME:** Two 1 yr. old Rotweiler/German Shepherd mix dogs. Very Gentle, Very Sweet. Great w/children, excellent attitudes. Housebroken, obedient. Would like to keep them together. They have been all their lives. Moving, Need home by 4/30. 803-603-0843.

German Shepherd Puppies For Sale. No papers. Mother and Father can be seen on site. \$225. Call Andrew Johnson, 803-691-4161 or 803-606-5034.

Kittens, long hair, 3, black (2 females) and one (male) tabby Free to Good Homes. Friendly and playful. Call 803-206-5545 or 803-233-4180. Email [ep2150@gmail.com](mailto:ep2150@gmail.com) for photos.

Mini long haired Dachshund, male. Fixed, microchipped and current on all shots. PCSing, needs a good home. Great with kids and babies. Housebroken, very sweet disposition. Asking \$250. Please call for information, 803-381-6301

Mini long haired Dachshund, male, fixed, microchipped, current on all shots. One year old. Needs Good Home. Great w/kids and babies. Housebroken, very sweet disposition. Comes w/indoor kennel/sleeping pillow, accessories. \$300. Outdoor chainlink kennel for extra \$150. Will deliver. 803-787-8580.

Ponies for Sale: Welch, Mustang and part Thoroughbred Ponies. Wonderful temperament, all halter broken. Most are already under saddle and even Jumping! Excellent for petite adult or advanced child rider, \$500-\$5000. Please call 803-776-2074 or email [bkhat@yahoo.com](mailto:bkhat@yahoo.com) for more information.

UKC Blue American Pit Bull Terrier puppies for sale. Great dog for your money! Gaff and Razor's Edge bloodlines. Call (912) 660-7367 or visit website [www.cowartclankennels.com](http://www.cowartclankennels.com)

UKC Blue American Pit Bull Terrier, female, 10 months old, house trained, great temperament, kennel trained, awesome dog. Asking \$1200. Call 803-720-3047.

## 600 Appliances

17.4 Almond Refrigerator, top freezer, excellent condition, runs great. 6-8 years old. \$150. Call 803-466-1520.

2 year old Upright Kenmore Freezer, \$175 OBO. Call Amy, 412-303-9117

Appliances: Gas Stove, Frig., \$100. Gas Dryer, White West., \$100. Elgin, 803-438-9566.

## 600 Appliances

Whirlpool Washer and Dryer, 2 years old, great condition. \$300 for the set or \$175 for washer, \$150 for dryer. Call 803-979-2894.

## 601 Electronics

Antique Audion electric chord table organ. 6 chord selectors with major, minor and bass options, vibrato handle, \$47. Call 803-223-9176.

APC Back-UPS XS 1000 battery backup for computer and accessories: 1000VA, 600 watts, 8 power outlets, telephone line protection, USB connectivity, auto shutdown software, still in box/like new. Cost near \$150 new, but will sell for \$100. Call Norm, 776-3689.

**CUSTOM BUILT COMPUTERS** Big Screen TV's - Free DVD from \$59.91/mo. 1-800-615-1433 [www.anet1.com](http://www.anet1.com)

Dell Dimension 4500 Desktop Computer with 13.5 flat screen monitor, mouse and keyboard, \$400. Call 865-9314.

For Sale: PS2 Bundle with 2 games and extend cables. NEVER USED, in box. Asking \$225 OBO. Contact Maurice at 803-381-4511.

Must Sell Yamaha Stereo System with Entertainment Center, control amp, power amp, DVD player, equalizer, tuner, Denon turntable, Numack studio mixer, Bose speakers 901 with equalizer and stand. \$2300 OBO. Call 518-1484 or email [wgonz50@sc.rr.com](mailto:wgonz50@sc.rr.com) for pictures

Must Sell: Kenwood Stereo System and Speakers, Control Amp, Power Amp, 5 disc CD Changer, EQ, Tuner, 2 Tower Speakers. Asking \$600 OBO. Call Jay, 803-629-4916 for info and pics.

Surround Sound System with DVD player. JBL Tower speakers and 1 center and 2 bookshelf and subwoofer. Kenwood 6.1 receiver. Paid over \$2500, asking \$550. Call 803-556-8597 for info and pics.

## 602 Furniture

Beautiful formal side table, solid wood, chestnut finish from Whit-Ash, like new. Bear claw feet, 1 drawer, carved edges, leather-like top. New \$300, selling for \$100. Jewelry chest, chestnut finish on legs, many drawers, sides open for necklaces, \$50. Doris/865-1945.

BEDS, Pillow top mattress sets, new, still in plastic. Sale, King size \$350, queen size \$250. Can Deliver. Call 803-447-3037

Daybed, metal, white, no mattress, \$30. Single bed, wood, box frame, bookcase headboard, 3 drawers underneath and mattress, \$100. Call 803-479-4439.

## 602 Furniture

Complete Living Room, \$800. Berkline Recliner sofa, hide-a-bed loveseat, rocker recliner and matching corner piece. Also kitchen set, \$350-Dining room table, 6 chairs, 2 baker's racks, one wine rack and a utility cart. All light wood. Call 714-1096.

Executive Swivel Chair, black leather, perfect condition, cost \$350 new, asking \$200. Call 776-6992.

Girl's Oak Bedroom Set with 2 complete twin beds, desk, hutch, chair, dresser and mirror. There is a flower design on all items. Selling for \$400. Call 865-6529 and leave message.

**Must Sell by 21 April:** 2 Heavy Duty and 1 Tall Bookcases, 5 new Office Chairs, Computer Table, Expandable Dining Table and 6 chairs, Wheeled Cart, Oak end table, Air Hockey Table. Call 803-261-4527.

**POOL TABLE:** Amazing! Gorgeous! High End 100% Solid Wood. 1" slate, brand new, never used. Cost \$5000, selling for \$1700. Can Deliver. 803-447-3037.

Twin box spring, 2 each for king size bed, \$100 OBO. Single bed, wood, 2 each, no mattress (can be stacked), no ladder, \$100 OBO. Call 803-479-4439.

Two bedroom closets with hanging and quilt storage, 2 drawers per section. Can email picture. Call 803-479-4439.

## 603 Miscellaneous for Sale

17" SportMax 962 Rims with 205/40/17 tires. Color: Hyper Silver, Universal bolt pattern. Wheels came off a Honda Civic EX. \$350. Call Jessica at 803-361-9565 for further information.

20 inch Spoke Rims with tires. Comes with 1 brand new low profile tire and 2 used profile tires. Selling for \$500 OBO. Call 865-6529 and leave message.

2005 Ford 18" FX4 Wheels, used only a few months (I got a lift on my truck and had to get bigger tires). Spare included, BF Goodrich tires, \$500 OBO. Call (210) 286-4640.

36" Porcelain Indian male doll with bow and arrow and stand, \$100. Also 36" Porcelain Indian female doll with long braided hair and stand, \$100. 803-736-0064.

4-Wheelers: Closing business due to lack of time. I've got bills to pay, so make me a reasonable offer on BRAND NEW 80 (2) and 110. Great 4-Wheelers with lots of get up and go. No mixing oil/gas. 629-6019, 518-9892.

Attention Doll Collectors: I have an original Cabbage Patch Doll, still in box, dated on box (1984), with papers, \$55 cash. You should see how pretty she is! 803-736-0064.

## 603 Miscellaneous for Sale

Attention Military Retirees or Veterans: 2 vaults and bronze memorial with vase and granite base. Today's cost \$3700. Yours for only \$1400. Please call 803-787-5597.

Barbie Roller Blades in excellent condition, adjustable size from 13-2. Perfect for the young learner. \$10. Call 803-799-3365.

Beautiful 16" Princess Diana Doll in white beaded gown w/crown, \$50. Beautiful Shirley Temple Porcelain Doll, collectible from Danbury Mint, part of a collection, signed, \$150, worth more. Must See! 803-736-0064.

Burial Plot and Vault at Greenlawn Memorial Park for sale. Call 803-647-7012.

Chain Link Fence: 4 ft. tall, 25 ft. long with a door. All poles and screws included, \$150. If interested call 803-210-7946.

Duffle Bag w/BDUs, boots (4 pr., sz. 12/1 desert, 2 corcoran, 1 mattehorn), field jackets, liner, brown sweater, New Camelbk system, 4 BDU cps. For the surplus guy or... Stuff in good+ condition. \$50 for all plus duffle. Woody, 803-920-8723.

German Crystal for sale: All are one design. Includes punch bowl w/cups, serving platters, pitcher, wine container, bowls, wine glasses, brandy glasses, water glasses, flute glasses, napkin holder, sugar, creamer and lots more. Each is reasonably priced. Please call 803-474-0232.

Kirby Diamond Edition Vacuum Cleaner, 2 yrs. old with Carpet Shampooer and all attachments. Shampooer only used once. Selling for \$450 OBO. Call 865-6529 and leave message.

**Must Sell by 21 April:** Men's Rollerblades with accessories, 2 pair Skis, Ladies Ice Skates, 2 sets Tire Chains. Call 803-261-4527.

New Computer Printers, still in box, (both never opened) printers: Epson R220 Photo Printer and a Dell Photo all-in-one 944. All items best offer and prices are negotiable. Compare prices on the Internet, then call Kevin at 803-788-9553, leave message.

Nice Graco play pen with cover and mat, used very little, good condition, \$25 Cash. Call 803-736-0064.

Perception Pirouette S Whitewater Kayak: Includes skirt, air bladders, thigh braces and Werner paddle. Great beginner boat, very fast and easy to roll. All for \$475. Please call 803-776-6992 or email [bkhat@yahoo.com](mailto:bkhat@yahoo.com) for more information.

Stereo Entertainment rack w/matching 3 1/2 ft. CD stand, night stand Lamp, Vehicle Tires, good tread, P205/55 R16 (set of 4). All items best offer and prices are negotiable. Call Kevin, 803-788-9553, lv. msg.



## 603 Miscellaneous for Sale

Proform Exercise Bike. Has onboard computer with heart monitor and built-in fan. Also has an adjustable seat that turns into a bench for working out with the included free weights. Excellent condition. Paid \$390. Will sell for \$200. 803-582-9314(days), 803-957-5629(evenings).

SEINFELD FANS: TV seasons 1, 2 and 3 on DVD. Great collection for you-ideal for anyone deployed, \$60. Seinfeld-COSMO KRAMER Elegantly framed portrait, very nice, great for billiard/pool room, approx. 3'x2 1/2'. Paid \$170, asking \$140 negotiable. Kevin, 803-788-9553, lv.msg.

Singer Sewing Machine, portable, \$50. Call 776-3689.

Single size mattress (no box spring). Excellent shape, 6 mos. old, \$20. Call Woody, 803-920-8723.

Sky brand flute with case, \$40. Call 803-479-4439.

Suzuki Digital Piano HP-100x. Standard 88 keys, never needs tuning, headphone jack plugs. Perfect for small homes. Makes wonderful practice piano. Paid \$2100, asking \$1000. Call 803-223-9176.

## 702 Houses for Rent

2 Bedroom House in Forest Acres. Central Heat/Air, stove, refrigerator, carpet. Quiet neighborhood on bus line. Rent \$600 + security deposit. 783-5260.

2BR, 2BA Home in NE Columbia: 2 1/2 years old, 1275 sq.ft., sun room, fenced backyard, W/D connections, all kitchen appliances included, 15 min. from Ft. Jackson, close to I-77/I-20. No Pets. Very quiet neighborhood. \$850/mo., \$850/deposit. Ready 5/1. 803-467-8245.

3 Bedroom, 1 Bath House, about 1700 sq.ft., Living Room, large kitchen, detached garage with storage, laundry room, fenced back yard. Central Heat and Air. Only \$600 a month and \$600 down. Camden area, 1945 Lovett Rd. Call 803-318-3529

7212 Coachmaker Rd., near Ft. Jackson, VA and Midland Tech. 4BR, 2BA, LR, DR, eat-in kitchen, 2 FRs, FP, washer, dryer. Fenced back yard w/screened deck and brick BBQ. Good neighborhood, school. \$1050/mo. + sec. dep. No Pets. 803-477-8752, 803-865-6075.

Beautiful Brick Home, 15 minutes from Ft. Jackson, Super Walmart and brand new shopping area. 3 Bedrooms, 2 full Baths, Living Room, Den w/bathroom. Huge backyard, quiet established neighborhood. Rent only \$750/month with \$500 deposit. Call 463-6513 for interview.

Brand New Townhouse for Rent: 5 minutes from Post. 2BR, 2BA, brand new appliances, fenced back yard. Must See! \$825/month. Call 360-7839.

House for Rent: Beautiful 5 Bedroom, 2 1/2 Bath, Living Room, Dining Room, Bonus Room, 2 car garage. NE area. \$1250/month + security deposit. Available 15 May. Call Keith. 803-767-5112.

## 702 Houses for Rent

BRAND NEW-NEVER LIVED IN! 3BR, 2BA, 2 car garage in the Northeast. Richland 2 Schools. One year lease \$969, two year lease \$949. Garbage and sewer included. Credit Check Required. Call 803-730-8401.

Brightly colored 3BR, 2.5BA home in the Chapelwood area of the Summit. 1 car garage, Washer/Dryer hook up, sprinkler system, fenced in backyard. NO PETS. Available immediately. \$1,000.00 a month plus deposit. Please call 803-438-3253 or 803-315-1798.

Home for Rent: 800 Setter Lane, Quail Pointe Subdivision, Fort Jackson area. 3 Bedrooms, 2 Baths, washer/dryer connections, stove, refrigerator, dishwasher, NO PETS, fenced back yard. Security deposit required. \$700/month. Call 803-783-1257

Lake Carolina-voted Community of the Year 6 years in a row! 3BR, 2BA, 2 car garage, front and back screened porch, open floor plan, formal LR and DR. Schools and YMCA only one block away. NE Columbia, 15 min. to I-77 and Fort Jackson. \$1250/month. Call 803-609-3405.

Lovely 3BR, 2BA Home is waiting for you. Formal LR & DR, large eat-in kitchen, front porch and rear deck. Located on cul-de-sac, 17 Ridge Pond Drive (**located in The Summit**). \$1250/month. Immediate Occupancy. Contact P. Bryant, 803-462-9262 or 803-546-2857

Mobilized/Newly Stationed? New in town and do not want to buy a house and interested in living in a home instead of an apartment? 3 Bedroom, 2 1/2 Bath, large bonus room, \$1150 per month. Call 466-5323.

NE Area: Lansdowne Subdivision. 3BR, 2 1/2BA, Great Room, Dining Room, Kitchen w/eating area. 2 car attached garage. 1800sq.ft. With 12 month lease, 13th month at no charge. \$1175/month. 786-7211.

NE Columbia, 3BR, 2BA single story Brick Home in Turtle Creek. Large fenced yard, appliances and many extras near cul-de-sac in quiet neighborhood. Convenient to Fort Jackson and Sandhills shopping. Available 1 June. \$1200/month plus deposit. Contact 803-419-7031 or loggercreek@gmail.com

New 2 story, 2059 sq.ft. House. 4 Bedrooms with ceiling fans, 2.5 Baths, 2 car garage, WD, fenced yard. \$1300/month. 5 minutes from Fort Jackson, Gate 5 and 20 minutes from Shaw. Call Herbie, 803-463-1928.

NEW HOME! 4 Bedrooms, 2.5 Baths in Lake Carolina. ALL APPLIANCES INCLUDED. 15 MINUTES FROM FORT JACKSON. Rent \$1250 per month with a deposit. Call JOLINDA at 803-467-2244.

## 702 Houses for Rent

Rent with Option to Buy: Woodland, 3BR, 2 1/2BA House, new appliances, 1980 sq. ft., wood fireplace, cathedral ceiling, 2 car garage. Behind Golf Course. Much More. Rent \$1500. Buy \$195,000. Call 360-7839

SFH, Fox Run Subdivision, Richland District Two Schools. 5 Bedrooms, 3 1/2 Baths, 2 story, 2 car garage, family room, Formal Living Room and Dining Room, eat-in kitchen, fenced backyard. \$1150/month. Call Vanessa Howard, 803-361-4796.

Summit Ridge in the Summit Subdivision, 20 minutes to Ft. Jackson, 10 min. to I-20. Near New Village at Sandhills Shopping Complex. 3 Bedrooms, 2 full Baths, 1 car garage, \$950/month. Call 803-499-5210 for information or appointment to view property.

The Summit, NE Columbia, Brand New Home available, 3 Bedrooms, 2 1/2 Baths, \$950. No Pets. Richland II School District. All Appliances and Blinds. Please call 803-699-7137.

## 703 Apartments for Rent

2 Bedroom Condo. Central Heat/Air, stove, refrigerator, carpet, W/D connections. On bus line. Daycare on grounds. Near MT, USC, Fort and VA. Rent \$450 + security deposit. Serious inquiries only. 783-5260.

Close to Fort, very clean, fully furnished, 1 Bedroom. Prefer 1 year lease, but will accept 6 months. \$470.00 per month, all utilities paid, plus deposit. No Pets. No Smoking. Call 776-8817.

## 704 Mobile Homes for Rent

CAMPER SPACE FOR RENT: Small, clean camper park within 3 miles of Jackson Blvd., located at 7020 Fairmont Road off Leesburg Rd. Call Mrs. Harmon at 776-0750.

Double wide Mobile Home for Rent: 200 Heron Drive, Heron Ridge Subdivision. 3 Bedrooms, 2 Baths, washer/dryer, stove, refrigerator, dishwasher, stand-alone ice maker. Security deposit required, \$550 per month. Call 803-467-1530 or 803-467-1285.

Rent or Roommate in Elgin. Large doublewide mobile home with fenced back yard on 5 acres. 3 Bedrooms, 2 1/2 Baths. Kids and Pets Welcome. Rent \$650 plus deposit. Roommate \$350 plus deposit. Call 803-633-5949.

## 800 Land for Sale

4 acres land in Hopkins, minutes to I-77, VA Medical Center, Fort Jackson Gate 5, Schools, Shopping. Singlewide OK. \$34,799. Call 261-4308.

Land for sale: 20.35 acres, Screaming Eagle Road Extension, Eastover, SC. Please call \_ 803-353-5290 or 803-238-0951.

## 801 Commercial for Sale

FSBO: Income producing property on Calks Ferry Rd. Owner is retiring. 10.26 acres with 3 houses and 7 mobile homes completely set up. Income over \$5000 per month. Also lot on paved road, great for store. Property will appraise over \$550,000. Will sell for \$480,000 Firm. Call Pat, 356-5779, 8:00a.m.-8:00p.m.

Warehouse, 1800 sq.ft. with side office, 12 EVE. HT., 4 sliding doors, clean. 2 Notch Rd., Lexington. Call 788-7528 (H) or 269-2523 (C).

## 805 House for Sale

3 Bedroom Home, newly remodeled, move in ready. Brand new kitchen appliances, new carpet, new roof. Only 5 minutes from Gate 5. Priced to sell at \$79,900. Call Yolanda, 803-414-4962.

4BR, 2.5BA with Bonus in NE Columbia, 2348 sq.ft. open floor plan, fireplace, Dining Room, eat-in kitchen, screened-in porch. 15 min. to Fort, Richland 2 School District, near Sandhills Shopping. \$179,900. Call 803-865-2272.

7600 Sunview Dr., 4BR/2BA, 2 car garage, 2000 sq.ft. on 3/4 acre lot. Hardwood/tile floors, LR, DR, family room, sunroom leading to inground pool, 2 patios and large garage/workshop. Everything updated and much more. Minutes to Fort Jackson. Owner, 776-0619.

Beautiful 3BR, 2BA w/FROG in Irmo: 1667 sq.ft. Ranch Home, large new kitchen with stainless steel appliances, minutes from Lake Murray. 2 years old with 8 year warranty. \$172,900. Call 412-303-9117.

Beautiful Brick Home, 15 minutes from Ft. Jackson, Super Walmart and brand new shopping area. 3 Bedrooms, 2 full Baths, Living Room, Den with bathroom. Huge back yard, quiet established neighborhood. Ready to sell. \$89,900. Call 463-6513 for interview.

Five miles to VA Hospital, 10 min. to Fort/McEntire. Small, Furnished, Efficiency/Studio Apartment, Complete Privacy, separate entry. Full kitchen, bath, walk-in closet, ceiling fan, wallpaper, small deck, attached 3BR/1BA in Main House, fenced. Furniture/appliances. Fully military rented-\$1380/mo. \$87,000 negotiable. 803-695-5376.

Forest Acres, close to Fort Jackson, convenient to USC, \$325,000. Patio Home, 2BR, 2BA, 1820 sq.ft., 2 car garage, F/P, LR, DR, gas heat, appliances included, water sprinkler, excellent condition. Call 843-297-7878 or 803-603-1515.

FSBO, Beautiful 3BR, 2BA, 1400 sq.ft. home, excellent condition. Eat-in kitchen, family room, office, laundry room. Fenced backyard, great for kids and pets. Quiet neighborhood, 3 minutes from Ft. Jackson. Totally upgraded, new carpet/paint, many new features. \$89,000. 803-261-2811, 803-261-3951.

## 805 House for Sale

FSBO: Brick Rambler on 3 acres with Pond in Elgin. Please call for appointment and more information. 803-438-1629 or after 7 p.m. 540-907-0978.

House for Sale: Lake Carolina, Centenial, 4 Bedrooms, all upstairs, 2 1/2 Baths, washer/dryer/dishwasher. Family room, Living Rm./Dining Rm. combo. \$151,000. Call 803-309-2434.

NE Columbia, 1632 sq.ft., 3BR, 2.5BA, LR w/FP, DR, Den, garage, large fenced back yard w/shed, sprinkler system, security system, home warranty, 5-7 min. from Fort Jackson. Call (H)803-865-8458, (C)803-413-7650.

Ready to Occupy! Minutes to Fort! NE Columbia, Richland 2 Schools, 3BR/2BA Brick Ranch: Bonus room/office, formal LR and DR, Family room w/fireplace, remodeled kitchen w/breakfast area, laundry, pantry, attic storage. Oversized 2 car garage, sprinkler/well. FSBO, \$154,900. 803-787-7824, 803-549-0272.

SE, DRASTICALLY REDUCED: Green Lakes Subdivision, 2110 SF, 3BR, 2BA, all formals with 2 Fireplaces, Office and Florida Room. Only \$67,000. Rainbow Properties Realty, 776-8546.

**Seller says move it!**  
**Reduced \$5000!**

Desirable Summit location near premier shopping. Offers the best schools in SC, best neighborhood amenities! 4BR, 2BA, volume ceilings, breakfast bay + bar in kitchen. \$134,900. Call Joann, ARI, 446-7980.

Southeast, Berkeley Forest Subdivision, 2901 Cliffside Dr. 3BR, breezeway, double garage w/openers, double-sided fireplace (gas logs)-Great Room and Family Room, covered deck w/ceiling fan, oversized master suite w/2 walk-in closets, screened porch, sprinklers/well. Transferable Termite Bond. \$167,900. Thomas/Mae, 803-776-0376.

## 900 Autos for Sale

06 Ford Escape Hybrid, silver, alarm, keyless entry, Premium Audiophile Sound, cruise, power everything. \$22,000 Firm. Call 256-289-9563.

06 Nissan Sentra S Sedan, white, 7750K miles, 4 cylinder, 1.8 liter. Purchased Oct., 06. \$13,599 OBO. Call 447-6371 or 233-3291.

1971 Super Beetle, restored to original condition. Excellent driving car at today's gas prices. Red with white interior and top luggage rack. Asking \$5400. Call 576-0189 or 438-7593.

1974 Super Beetle, new paint, rebuilt engine, Mag Wheels, sunroof. Replaced: carb, tuneup, front end tie rods and ball joint, distributor cap, oil change filter svc., elec. wiring and new fan belt, Brakes, transmission. Runs great. \$3495 OBO. Cell, 803-730-3595.

## 900 Autos for Sale

1978 Mercedes Benz 450 SLC, white, sunroof. New tires and battery. Needs body work. \$3750 OBO. 803-438-2555, leave message.

1990 Metallic Blue Cadillac Deville: Drives good, new tint with lifetime warranty. New starter and rear brakes. AM/FM/CD Stereo. Blue leather interior. Good shape. Need to sell, PCSing. \$1500 Firm. Call Angel, 808-392-8478 or 803-234-3785.

1994 Eagle Talon, red, AT, sunroof, new tires. 160K miles. Dented front fender. \$1400 OBO. Call 803-438-2555, leave message.

1995 Chevrolet Camaro Coupe: 3.4L V6 SFI OHV 12V, rear wheel drive, 114K miles. Candy Apple Red with racing stripes. Fairly new tires. Can email pictures upon request. Asking \$3600 OBO. Please call Andrew, 803-983-9377.

1995 Nissan Pathfinder XE 4WD, automatic, 172,000 miles, new transmission, \$2700. Call 803-408-1721 and leave message.

1996 GMC Jimmy 4 dr. SUV, auto, AC, tow pkg., Alpine CD, white w/gray interior. New brakes and ball joints. 100K miles. Runs and looks good! Dependable and good on gas! \$3500 OBO. 803-582-9314.

1998 Buick Regal LS, 4 door Sedan, leather interior. Great condition, 122,000 miles. \$3500 OBO. Call 803-979-2894.

1998 Chevy Astro LT Van, 133K, runs good, new transmission. Blue Book 4K, asking \$3400. Call 782-4102.

2000 Mazda 626 LX, automatic, gray, 4 cyl., good condition, AC/Heat, \$3900 OBO. 803-361-9311

2001 Chrysler PT Cruiser, black, Limited Edition. Cruise control, factory chrome wheels, automatic. 126,000 miles. \$5800. Call 803-240-8473 or email pass1958@aol.com

2001 VW JETTA VR6, black, tinted windows, stereo/6 CD Changer. Lots of buttons, heated leather seats, sunroof, good tires, nice rims, too many options to list. Well Maintained. 89K miles. \$11,400. Call Mark, cell# (606) 309-3290.

2002 Chevrolet Trailblazer, automatic, blue exterior, gray interior, CD player. Trailer hitch on back, excellent condition. Only 58,000 miles. Blue Book value \$13,800. Asking \$10,000. 783-5260.

2002 Dodge Caravan Sport, seats 7, runs great. 69,349 miles. \$3900. Call 261-4308.

2005 Nissan Altima SL, black, fully loaded with real leather seats, 38K miles. Asking \$16,000 OBO. Call 803-600-4094 or 438-7593.

2005 SAAB 9-3, linear model, very clean, still under factory warranty. New tires. Drives like new. Blue Book \$20,500. Will sell for \$16,100 Firm. Try to find a less expensive one! 803-760-2984.

88 Nissan Altima GXE, 4 door, 5 speed, clean/kept. 120K miles, fairly new tires. \$3500. Email daddyfaz@hotmail.com



900 Autos for Sale

89 LX Mustang 306, Holley 670 carb, AFR 185 heads, Monster racing AOD trans. Only 500 miles on new motor and trans. New 4:10 Gears, too much to list. \$5000. Call Geoff at (910) 728-2402.

Ford Focus 2000, black, 2 doors, good AC and Heat, alarm, works good. Not the fastest. Dependable, good gas mileage. \$3700. 803-463-4773.

901 Trucks for Sale

1974 Chevrolet Truck, good work truck, rough body, good engine, \$1300. 1970 Chevrolet Pickup Truck, custom, short bed, new rebuilt engine, interior reupholstered, new tires, new paint, \$3500. Call Andrew Johnson, 803-691-4161 or 803-606-5034.

1987 Dodge Ram Charger 4x4, 160,000 miles, new transmission, 6" lift, 35" tires, 4 barrel, performer intake, headers, new brakes. \$4500 OBO. Call 803-481-5943.

2002 F250 7.3L Super Duty Turbo Diesel, crew cab, power windows, power locks, power driver's seat, AM/FM/Cass/CD player, bed liner, new tires, Excellent condition. 57,000 miles. Made to pull. Driven mostly during hunting season. Call 803-730-8401.

98 Ford Ranger, black w/silver, 4 cyl, 5 speed, 99K miles, 2x airbags, AC, CD, slider, sprayed bedliner, new brakes/shocks. Well-maintained, reliable, non-smoker. Camper Shell w/tinted windows, 3rd brake light. Runs great, good mpg. Dented pass. door. \$2600. 917-5863, 917-7752.

Black 2005 GMC Sierra SLT, fully loaded, 7500 miles. Asking \$24,000 OBO. Call 803-600-4094 or 438-7593.

903 Motorcycles/Mopeds

1981 Honda Goldwing Interstate 1100cc, fully dressed, lots of chrome. Need reassembly, gas tank cover, seat repair. Can sell for parts. \$500 OBO. Call 803-479-4439.

1982 Suzuki 450-L, needs minor repair parts or sell for parts, \$400 OBO. Call 803-479-4439.

2001 HD Sportster 883C, Concord Purple, drag bars, forward controls, scheduled maintenance completed. Low miles, 2300 mi. MUST SELL, \$5000 OBO. Call Robb, 803-546-8591.

2003 Suzuki Intruder Volusia 40th Anniversary Edition, 800cc, 2 cyl., 4 stroke, water cooled engine, with windshield, garage kept, extremely clean. Very low miles! (5052 actual miles). \$4700 OBO. Can email pictures upon request. Please call Ray at 803-565-8015.

903 Trailers Campers

2005 Fleetwood Pioneer, sleeps seven, \$10,500 Firm! Camper is parked at the Barnyard in Columbia.

903 Trailers Campers

2004 Coleman Pop-up Camper with Screen Room Attachment, stove, refrigerator, sink, table with 2 benches, full bed and queen bed pullouts. Table and benches convert to twin bed. \$2500. Call 261-4308.

Regional Classifieds

Announcements

**HEAVY EQUIPMENT OPERATOR TRAINING**

**Bulldozers, Backhoes, Loaders, Dump Trucks, Graders, Scrapers, Excavators**

-National Certification  
-Financial Assistance  
-Job Placement Assistance

**888-642-7023**

Associated Training Services  
www.equipmentoperator.com

IT'S YOUR DREAM! YOU'LL BE PLAYING IN NO TIME! **PIANO/KEYBOARD VIDEO LESSONS BY EAR** ARE FUN, FAST, EASY. PENNY 432-4637.

Auctions

**ANNOUNCE YOUR AUCTION**

IN 101 S.C. newspapers for only \$360. Your 25-word classified ad will reach more than 2.8 million readers. Call Jimmie Haynes at the S.C. Newspaper Network at 1-888-727-7377.

**AUCTION - MURRELLS INLET, SC.** 9.77+/- acres offered divided. Marina - Restaurants - Out parcels. Prime South Carolina coastal property. Thursday, April 26, 10am. Chris Pracht Auctioneers 800-877-3044. www.prachtauction.com

**SCAL#156.**

**AUCTION RESTAURANT** Equipment & Mediterranean Decor Formerly Pranza Restaurant Mon., April 23rd, 9:00AM, 464 E. Main Street, Spartanburg, Holiday Auction & Realty 1-800-554-4306

www.auctionsc.com

**SCAL3904F.**

**LAND & TIMBER AUCTION,** APRIL 23 and 24. 471.3+/- Acres Divided and Timber. Robeson County. Iron Horse Auction Company, Inc. 800-997-2248, NCAL#3936, www.ironhorseauction.com

**LAND AUCTION, THURSDAY,** April 26, 6PM. 117+/- Acres and 50.4+/- Acres Divided. Robeson County. Iron Horse Auction Company, Inc. 800-997-2248, NCAL#3936, www.ironhorseauction.com

**Boats**

1997 Triton TR18. Bass Boat w/1997 150 Johnson Fast Strike. Garage kept and covered. Ready to fish. \$10,500. Call 428-7774 or 428-3251.

**Business Opportunity**

New Womens Fitness Franchise Now Available In Your Area. 803-477-4872. www.butterflylife.com

**ALL CASH CANDY ROUTE.** DO you earn \$800 in a day? Your own local candy route. Includes 30 Machines and Candy. All for \$9,995. 1-888-771-3501. S.S. REG#664.

**Campers**

2000 Sunnybrook FK26 Travel Trailer, Sleeps 6, Self Contained. AC, Furnace, CD, Awning. Excellent condition. Bought MH. \$9500 OBO. 425-7833.

2003 Keystone Cabana, 2300W Travel Trailer. Sleeps 8, slide-out, self contained, AC, furnace. Excellent condition with extras. \$14,200 OBO. 803-425-7833.

**Child Care**

Family childcare provider has immediate openings. DSS Reg.#18240. Planned activities, hot meals & snacks. Reasonable rates. 408-1434 or (c)549-1923.

**First Baptist Childcare and Kindergarten has openings in the 3K & 4K Preschool for fall of 07-08 school year. For more information call 432-9069.**

**Employment**

Take the college route to gain your CDL license and a job. Our program is VA and active military approved. Central Carolina Technical College. 774-3315.

Driver - New Pay Package!

★Guaranteed★

Home **EVERY** Wkend

**Avg. \$725-\$1025/week**

65% preloaded/pretarped

Lexington, SC Terminal

CDL-A req'd. 877-428-5627

www.ctdrivers.com

**DRIVER**

Are you getting paid more this year?

Roehl drivers are with Practical Route Mileage Pay plus Top 10 pay rate. 53' van/48' FB.

Up to \$3,000 sign-on bonus. Students Welcome.

Roehl, "The Take Home More, Be Home More Carrier."

Call 7 days a week!

**800-626-4915**

**www.GoRoehl.com**

**Driver**

**\$1000 Orientation Pay!** (Flatbed O/O's only)

**The Best Home for Owner Operators for Over 79 Years.**

- Avg. \$1.77 gross/loaded mile.
- Avg. over \$.31 cpm on fuel surcharge
- Flatbed Trailers Available. 6 months OTR exp. required.

**\$0 DOWN LEASE PURCHASE.**

**CRST MALONE**

866-713-2778

www.malonecontractors.com

10 strong people wanted by major merchant services provider company to open new accounts and grow into management. **Last Career Move.** Only individuals with a strong desire to make money need apply. Unlimited income potential. Call 803-233-3413, Bill Wollman, Regional Sales Director, Cash Flow Solutions.

**AVON.** Tired of paying for daycare? Work from home. Be your own boss! Start your own business today! 1-888-957-8833.

Light industrial needs. NE Columbia. Must have clean background. Pridestaff 803-782-0082.

**Live In Nanny.** Earn \$500 & up per week in Columbia. Transportation & experience required. Weekends off. 803-798-1229. Patsnannies.com.

50¢/LOADED **MILE**

**STARTING** pay! \$1000 Sign-on to qualified OTR **FB** drivers! 800-845-4932 ext. 231. www.bulldoghiway.com

**Employment**

**POSTAL JOBS** \$17.33-\$27.58/hr. now hiring. Paid training provided. For application and free government job information call American Assoc. of Labor 1-913-599-8226, 24 hrs. emp. serv.

**Residential Framing Carpenters** needed. Call 736-9505 or 600-2887.

**AIRLINES ARE HIRING** - Training for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance (888)349-5387.

**ATTEND COLLEGE ONLINE** from home. \*Medical, \*Business, \*Paralegal, \*Computers, \*Criminal Justice. Job placement assistance. Computer provided. Financial aid if qualified. 866-858-2121.

www.onlinetidewatertech.com

**AVON** Buy or Sell. Be your own boss. Earn up to 50% commission plus up to 50% discount. 803-408-2405.

**Caregivers**

Do you love the elderly? We are seeking compassionate people and CNA's to help seniors at home. Richland and Kershaw counties, and Cola areas. PT, days & wknd. shifts w/flex scheduling available. Exp. Preferred. Call RetireEASE (803)865-5033 or Local 408-1500.

**CDL-A DRIVERS:** EXPANDING Fleet offering Regional/OTR runs. Outstanding Pay Package. Excellent Benefits. Generous Hometime. Lease Purchase on '07 Peterbilts. National Carriers 1-888-707-7729. www.nationalcarriers.com

**CONTRACTORS SEMINARS, INC.** provides exam preparation courses to obtain SC state license. Grading, paving, water & sewer, general, residential & mechanical contractors. Call 803-772-9596

www.scexams.com

Greenville, Myrtle Beach, Charleston & Columbia.

**DRIVER - CDL A DON'T SETTLE** for Less! Average \$55,000/Year. Immediate Benefits, 1 year T/T Exp. 23 yrs. old. Call our local office today! 866-616-4482.

**DRIVER 42CPM TO 46CPM** Guaranteed Hometime. Three Weeks Vacation, Company or Lease Purchase available, BC/BS, CDL-A and 6 Months Experience Required. 800-441-4271 ext. SC-100.

**DRIVER CDL A - INDUSTRY'S** Best Flatbed Pay! Co. Drivers, O/O, Lease Purchase, Home Weekends, Top Pay + Bonuses, 1 yr. OTR w/6 months Flatbed. WTI Transport 877-816-9923.

**DRIVER TRAINEES NEEDED NOW!** **Werner needs entry-level semi drivers.** No exp. required

Avg. \$36k+ 1st yr!

**60% home nightly/weekly.**

CDL training in your area.

**1-888-263-7364**

**DRIVER-CDL A WANTED:** Flatbed drivers. Southeast Regional & OTR positions. Excellent Home Time. Preloaded Trailers. Maximum miles. Year Round Freight. Recent Grads Welcome. Cypress Truck Lines. 800-771-8105

www.cypresstruck.com

**NEW REGIONAL & OTR** Positions now available in your area! New Equipment, Premium Pay Package, Great Benefits. Call 877-484-3067 or visit us at www.oakleytransport.com

**Employment**

**DRIVERS - HOME MOST EVERY** Weekend. Top drivers earn \$950+/-week! Drop & Hook out, live load on return. We welcome OOs, students and company. PGT Trucking 866-748-3528.

**DRIVERS - CDL/A SOLO, TEAM,** Owner Operator, Graduate. \$850-\$1000/wk. Home Weekly. Paid Orientation/Holidays. Tuition reimbursement to \$5000! 866-323-2181. www.KLLM.com EOE

**DRIVERS - REGIONAL** \$1100+/Wk. Auto Transport-Min. 1 yr. OTR Exp. Req. Full Company Benefits. Contact Mac: 888-473-5279 or 803-791-8812, press 5

www.WaggonersTrucking.com

**Drivers needed - CDL Class A.** 2 yrs. experience, 40K yearly w/sign-on bonus. Home each week. 803-438-9380.

**DRIVERS-ASAP!** 21 CDL Drivers Needed. \*36-43CPM/\$1.20\* Sign-On Bonus. \$0 Lease New Trucks Only 3 mos. OTR req'd. 800-635-8669.

**HEAVY EQUIPMENT OPERATOR** Certified. Hands on Training. Job Placement Assistance. Call Toll Free 1-866-933-1575. Associated Training Services, 5177 Homosassa Trail, Lecanto, Florida 34461.

**LOCAL EMPLOYMENT FULL OR PART-TIME**

Average \$400-\$800 Weekly. No Experience Necessary/Serious Inquiries Only. Call April 19 or April 20, Thursday or Friday, 10am-4pm for interview 432-6028.

Looking to hire 2 CMA's for SC location. Candidates must have good work ethics, good work history & willingness to learn with good customer service skills. This position will require some travel. Please fax all resumes to: 704-296-2743. Attn: Michelle.

**NEED THAT JOB, BUT NO CDL** license? Call Xtra Mile today to enroll for CDL Class A Training. Financial aid available. 1-866-484-6313.

**NO EXPERIENCE - NO JOB???** No Problem!!! CDL Training. Job Placement. \$740-\$940 week. No Money Down. Lodging-Meals-Transportation. Hiring in Your Area Today! 1-877-554-3800.

**NOW HIRING**

Experienced Insurance Agents, P&C & LA & H. Top commission with bonuses. Fax resume to 803-865-8699 or call David at 803-609-5535.

PCAs/CNAs needed in Camden, Lugoff & Lexington areas. We hire great people for great environments! Private duty aides are needed for long term cases. Part-time available, may lead to full-time w/dependability & good transportation a must. If you have experience and a compassionate desire to help the disabled, please call Marijane immediately at 800-578-6033 to set up an interview.

**NIGHTINGALES NURSING & ATTENDANTS,** the company with a heart.

Red Lobster now hiring Servers & Line Cooks. Call 741-4441 or 741-4439 or apply in person at 10136 Two Notch Road, Monday-Thursday between 2:00-5:00pm.

**RN Positions.** SCDHEC Home Health Services. Lee, Kershaw and Sumter Counties. BSN Required. (803)934-2915. EOE.

Weekend Cooks needed at The Riverdeck Store & Grill on Lake Wateree. Experience A Must. Call 273-3757.

**Employment**

**Service Plumbers.** Bonus pay for project jobs and double time for after hours work. Paid health & dental. 100% Drug free workplace. Must have tools, SCDL and clean MVR. Fax resume to 421-0230 or apply at 1309 Jefferson Davis Hwy., Camden. \$17.00-\$27.00 per hour.

**SHIPPING CLERKS WE TRAIN IN** Shipping, cargo transportation, accounting and inventory. HS diploma, physically fit, 17-34. Good pay and benefits. Call 800-662-7231. Local interview available.

**Sunday Nursery Worker Needed:** Nursery worker needed for Sunday mornings only 8:30am-12:30pm. Please send your letter of interest to Nursery Worker, Lyttleton Street UMC, 1206 Lyttleton Street, Camden, SC 29020.

**THE CHESTERFIELD COUNTY BOARD OF DISABILITIES AND SPECIAL NEEDS** continues to expand in Kershaw County and is accepting applications for the following positions:

**Mental Retardation Specialist-A** Full and part-time work available on all shifts, including weekends. To provide supervision for adults with developmental disabilities in a residential setting. Requires a HS Diploma or GED and valid driver's license.

CCBDSN offers competitive wages and excellent benefits. Applications will be accepted until positions are filled. Secure applications from: CCBDSN, Susan E. Marsh, Director of HR, P.O. Box 151, Chesterfield, SC 29709. (843)-623-5420 "AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER"

Truck Mechanic & Tire Service Tech. Experience Required. 803-735-8052.

**TUESDAY-THURSDAY PART-TIME ADMINISTRATIVE ASSISTANT**

Local history museum seeks people person who enjoys working with tourists & kids and giving tours. Office mgmt. & retail skills important, knowledge of SC history helpful. Send resume/two references to: Blind Box 02288, c/o Camden Media Company, P.O. Box 1137, 909 W. DeKalb Street, Camden, S.C. 29020

**WE NEED DRIVERS!** Immediate openings. OTR drivers, minimum 1 yr. OTR experience. Late model conventional tractors/48' flatbed trailers. Top pay, insurance. Home most weekends. Senn Freight 1-800-477-0792.

**WE NEED GOOD CLASS-A** drivers for our Greenville & Gaffney locations. Good pay/benefits. 2 yrs. CDL exp. required! Call 800-542-7952 Ext. 312.

**Employment**

**Freelance Graphic Designer** for your layout needs. Also offers logo & identity package, simple web design & poster design. 803-467-2800.

**Illicit Bodies**

In need of a personal trainer? Get in shape for bathing suit season, summer events, or just a healthier new you. I am a certified personal trainer that caters to you in your home at your convenience. I will bring my own equipment. For a healthier new you, call 420-4210 or 432-9523. Ask for Joseph or leave a message.



Merchandise  
2 Plots, 2 Vaults & Double Headstone at Forest Lawn Memorial Park, Veterans Field, Lot 78. Make offer. 913-962-2567.

Bedroom Set-A beautiful Cherry sleigh bed, dresser, mirror, chest, night stand-never used. Must Sell. \$1100. 803-319-8043.

**BED MATTRESS SETS**  
New In Plastic. Queen set \$125; King set, \$200; Queen Pillow Top \$180; Full \$120. (803)736-4799.

2005 Sea Doo Jet Ski: Yellow and black, seats 3. Only has 12 hours of use. Comes with cover and trailer, \$8000. Call 803-865-3971 after 6:00 p.m.

Assortment of various electrical parts for sale, including (6) new small Bodine motors and Cutler-Harris switches. Call 432-6157 ask for Mike.

**BRAND NEW 2007 RIDING**  
Lawnmowers. No money down. 1 year same as cash. Call 1-800-492-8299.

Brand New 2007 Riding Lawn Mower. No Money Down, \$59/month. Call 1-800-492-8299.

**BRAND NEW MATTRESS SETS**-New Still In Plastic. Queen Set, \$140; King Set \$215; Queen Pillowtop, \$185. 803-319-8043.

Duncan Phye Dining Room Set. Table & 6 chairs, buffet & corner china cabinet. \$1700 Firm. Call after 5pm 425-4849.

**FOR SALE:** Mans 7 diamond ring. Total of 3 3/4 karats. Perfect cut diamonds. Call 803-600-8646.

Polar Bear Grill Guard '92-'96 Jeep Grand Cherokee. Never used. Cost \$700 New, Sell for \$350 Steal. Set of 4 Rims Stock Jeep Y Spoke Rims. 5x5 Bolt Pattern, 5 Lug \$250. ARIENS 1640 Tractor Mower, 16 HP, 40" cut. Kohler engine, 2 yr. old deck. Very good condition. Extra Blades, Filter, Deck Rollers, New Battery, New Starter. Reason For Selling-Need Bigger Mower. \$700 OBO. Call 427-0221.

Round trip US Air ticket to anywhere in the United States or Canada, \$525. 432-9557.

**STUCK ON DIAL UP?** "WILD Blue" affordable High Speed Internet Satellite now available everywhere. Home/Business. Free DIRECTV system included. Internet/DIRECTV monthly discounts 866-844-7288.

**UNDELIVERED STEEL BUILDINGS:** 20x24, 26x30, 30x40, 30x50. Other sizes available. New/never been erected. Will sell for balanced owed. Free freight. Some erected free. Call 1-888-513-7737.

**WE BUY FOR CASH: Gold, Jewelry, Coins, Guitars, Cameras, Knives, Watches, Military Items, Pottery.** Call Camden Pawn 425-5727.

Mobile Home  
\*2004 MH 3/2, brick foundation near Doby Mill School  
\*MH, Blythewood. 3/2 on 1 acre off Grover Wilson.  
\*On Hwy. 12, Lugoff. 3/2 on 2.9 acres.  
\*MH, Camden. 4/2 on 1 acre. Phone: 408-1729.

**OWN a 3 bedroom, 2 bath home**  
ALL CREDIT APPROVED. \$375 per month in Sheppard Acres. Call 843-317-7020.

3BR, 2BA Fleetwood, 16x72 on 2.53 acres. Lee County, .3 of a mile from Kershaw County line. 424-0126 or 424-1375.

Mobile Home  
**Beacon Homes LLC**  
344 Hwy. 601 South  
Lugoff, SC 29078  
**803-438-1980**  
New '07 3BR Horton D/W's beginning at \$41,995.00  
New '07 4BR Horton D/W's beginning at \$49,995.00  
New '07 16x72 S/W's beginning at \$28,995.00  
Call Mitch Galloway

LOTS 1.5 acre lots in Cassatt. Owner financing available. Call Henry Beard Realty. 432-2451.

Own Land? Then you can own your own manufactured or modular home. 0 money down to qualified buyers. Clayton Super Store 877-659-5425

**Pets & Supplies**  
2 Pic-shu Puppies, 8 weeks old. 438-4501 after 6pm.  
**Real Estate**  
\*\*Desirable Spacious Camden Cottage\*\* NEW ULTRA-MODERN KITCHEN. 3BR/2BA, hardwood floors, garage, storage. 138 Desaussure St.-off Mill St. Graham Realty, Inc. (803) 432-7370.

\*Camden\* Large 4BR/2.5BA, hardwood floors, garage, wooded lot. Near golf course & Springdale racetrack. Graham Realty, Inc. (803)432-7370.

**By Owner**  
**\$130k, 3BD/2BA, 1700 sq.ft.**  
**Elgin-Wildwood Lane**  
**Large kitchen, laundry, dining, living room, detached garage.**  
**LGE. LOT**  
**803-408-0736**

For Sale By Owner. 3BR, 2BA, remodeled. New carpet, wood & tile floors. All brick. 2 car carport. New appliances. Camden. Nice neighborhood. Fenced yard. 107k. 772-349-0719.

House For Sale. 718 Douglas Street, 3BR, 1BA new roof, thermal windows, termite bond, new flooring, new countertops, renovated bath, central heat/air. No Money Down. 803-765-9207.

We Clear Land **Cheap.** Free Estimates. **803-360-6153.**

**\*Custom Modular Homes\***  
Hundreds of plans to choose from or bring your own. We price all competitive plans. Save thousands here. Call 438-9985.

\*Lots For Sale By Owner: Elgin, Lugoff, Camden and Blythewood. Call 518-1824, Wateree Realty.

3BD HOME ONLY \$214/MO! 4bd, 2ba, \$230/mo! More Homes Available! Grants for Qualified Buyers! 5% down, 20 years @ 8%. Fee for Listings 800-391-5228 x s154.

3BR, 2BA Doublewide, cedar siding. Cassatt area. Asking \$55,000. Must be moved. Call (w)432-5672, (h)713-8506 or (c)309-8473.

**AUCTION! LAKE FRONT HOME** with 40 acre view of Lake Hartwell. Guest house near waterfall, barn for horses, large pasture, pond. Saturday, April 28th, 12:00PM. 356 Friendship Valley Rd., Seneca, SC. Holiday Auction & Realty 1-800-554-4306 www.auctionsc.com SCAL3904F

**BEAUTIFUL LAKE MURRAY** (500+ mile shoreline), Columbia, SC. Waterfront/lake access lots for sale. Paved roads, utilities. Auction June 9. Minimum bids \$100,000 to \$400,000. www.land.scana.com or 803-217-9171

New House For Sale. \$29,000. 1200 sq.ft., 3BR, 2BA, finished outside. Call Joe at ATEC, 425-8982 or 432-0861.

Real Estate  
**Commercial Real Estate.** Mill Street 66x205 lot, 65k; 4000 sf warehouse on large lot, 135k; 3.6 acres w/office and 2 warehouses, 350k. Call 427-3991 or 427-4463.

Custom home builder with many plans to choose from, build on your land or ours, financing package available for every situation. Call...803-438-9985.

For affordable home & land packages, too busy during the day, call & set up evening & weekend appointments. Call...513-3470 or 979-9988.

**FOR SALE:** \$170,000. 5BD, 3BA Doublewide on 18.8 acres w/creek. Clearwater Lake Road. Call 427-7979 or www.millponds.com.

**FORECLOSURES!** 4BD, 2BA, \$228/mo., 4bd, 2ba \$211/mo. More Homes Available! 5% dn, 20 yrs. @ 8%. Fee For Listings 800-391-5228 x s154.

**FSBO:** Over 16 acres, Cypress sided, tin-roofed, 1500+ sq.ft., barns, fenced Bermuda pastures, horse farm, dove fields. Holland Road, Cassatt. \$259,500. 803-432-3195. see@owners.com APA4766

House-FSBO in Lugoff. Close to I-20. 1160 sq.ft., 3BR, 2BA, 0.74 acres, large fenced in backyard. \$106,000. (c)803-917-2680.

**LAND & HOME - NO MONEY DOWN.** Call...438-9985.

**RECREATION TIMBER TRACT** located near Camden in Charlotte Thompson area of Kershaw County. 90.4 acres has I-20 exposure with strong stream on boundary and regenerated pines. Priced to sell. The McLeod Company 803-432-3516.

Rent-To-Own, Lugoff. 3BR, 2BA in desirable neighborhood. 1300 sf., .57 acre yard with wood fence. \$4,000 down & \$875/month. Call 912-313-3145.

**WATERFRONT COMMUNITY** near Wilmington, NC. Dockable, gated, near downtown, beaches. Final pre-construction release \$129,900+, excellent incentives May 5, 12. www.thebluffsnc.com 866-725-8337 Cape Fear Bluffs, LLC.

Zero Down Financing Program, Land Finders Programs. **Local 438-9985**, after hours 518-2587. 21 years in business.

**Rentals**  
\*4BR House, like new, \$980/month (Rent or Sale). Excellent location in Camden. 3BR/2BA \$900/month; 3BR \$700/month. Graham Realty, Inc. (803)432-7370.

**HUGE MOVE-IN SPECIAL!!!!**

**Pine Ridge Apartments on Hwy. #1 in Elgin. Large 2 bedroom/2 bath units! Call 408-8999.**

Lake Wateree House on beautiful big water. Lugoff side. Available March 1st. 2BR/1.5BA, big front porch, dock. \$950/month, lease and deposit. References. 803-788-5322.

1st Month Free!! Morris Properties has all sizes of warehouses available. Call 432-2138.

615 Lee Court-Close to schools, fenced-in backyard, 3BR, 1BA, DR, LR, central heat/air, gas logs, stove & refrigerator, hardwood floors, large storage. \$650/month. Call 432-8820

Small 2BR, 1BA apartment in rural Elgin. \$375/mo. plus security. Contact 408-2944.

**Rentals**  
AAA Apartment/Condos. Remodeled spacious 2BR/1BA \$600/month. Ask for **HOLIDAY DISCOUNT SPECIAL**. Graham Realty, Inc. 803-432-7370.

Adorable 3BR, 1BA, all brick, nice Camden neighborhood. 1 yr. lease. No Pets. \$400 deposit, \$700/month. Sallie 432-6028.

**AFFORDABLE!** 3BD, 2BA HUD \$179/mo! 4bd, 2ba HUD \$214/mo! More Homes Available! 5% down, 20 yrs. @ 8%. Fee for Listings 800-391-5228 x s118

**CAMDEN/BETHUNE.** 3BR, 1BA Houses. Hwy. 1, Chestnut Ferry right beside American Legion. \$600/month, \$600 security. Hwy. 341, 2812 Best Road, \$450/mo, \$400 security. 803-772-8875.

Downtown 1BR efficiency, furnished. Non-smoker only. Includes utilities. \$450/mo plus deposit. 425-8200 or 427-0017.

**FOR SALE OR LEASE.** 613 Hampton St., 2BR, 1.5BA, Formal LR & DR, central heat/air, country front porch, large rear deck. Perfect condition. \$635 lease. References required. Call 424-0404.

**HUD HOMES!** 3BD, 2BA \$183/MO. 4bd, 2ba, \$198/mo. More Homes Available! 5% dn, 20 yrs. @ 8%. Call for Listings 800-931-5228, Xs118 (Fee Required).

**HUD HOMES!** 3BD, 2BA ONLY \$183/mo. 4bd, 2ba, \$198/mo. More Homes Available! 5% dn, 20 yrs. @ 8%. Call for Listings 800-931-5228 x s118 (Fee Required).

If you qualify-pay \$250 plus security deposit. Cozy 2BR \$425/month; 3BR energy-efficient apartment w/heatpump \$500/month. SC Housing-Vouchers. Graham Realty, Inc. (803)432-7370.

Large mobile home lots with trees in the Cassatt area. Not in a mobile home park. Call 432-1300.

Mobile home for rent on private lot in Lugoff. 2BR, 2 full baths & jacuzzi, CH/AC, washer/dryer, dishwasher. No refrigerator. Good condition. References required. 408-1053 or 803-420-0013.

**MYRTLE BEACH,** INEXPENSIVE drive, stay 4 nights in a vacation condo, 5th night Free through 6/16. Return 09/10-12/31/2007 & save another 15%. Restrictions (800)334-5015.

**NEED RENTERS? ADVERTISE** your vacation home to more than 2.8 million South Carolina newspaper readers. Your 25-word classified ad will appear in 101 S.C. newspapers for only \$360. Call Jimmie Haynes at the South Carolina Newspaper Network at 1-888-727-7377.

**NORTH MYRTLE BEACH, SC** - Up to \$100 Discount on your next weekly beach vacation. Over 600 homes and condos to choose from, Free Brochure. Call Elliott Beach Rentals at 1-866-279-6156.

**PAWLEYS ISLAND,** LITCHFIELD, Debordieu, the Jewels of the South Carolina Coast. House/Condo Rentals. Beach vacations start here! www.lachicotte.com For availability call 1-800-422-4777.

Se rentan apartamentos+casas. Apartamentos desde \$400-\$450 con 2 cuartos. Casas desde \$700.00 con 3 cuartos. Telefono (803)427-5159. Graham Realty, Inc.

**Service & Repair**  
\*\*\***A Perfect Window**\*\*- Professional Window Cleaning and Pressure Washing. Residential & Commercial. Licensed, Bonded & Insured. Free Estimates. 432-3927.

\*\*Additions, Vinyl Siding & Windows, Kitchen, Bathroom, Decks, Painting, Insurance Claims. Free Estimate. Ceramic Tile. 803-438-7463.

**\*A Notch Above Tree Care.** Full tree service w/stump grinding. Licensed and insured. Free Estimates. Reasonable rates. 28 yrs. experience. 803-669-9136 or 803-983-9721. 24 Hour Emergency Service

25 YEARS EXPERIENCE  
Remodeling/Additions, Garages, Vinyl Siding, Decks, Shingles, Flat Roofs, Painted Metal Roofs, Painting, Pressure Washing. Darryl McCaskill 424-1253/549-7860(cell).

A1 Top Choppers Tree Service. Licensed, Bonded, Fully Insured. Tree trimming, removal, all forms of tree work. 572-1975, 572-1612, 438-8740.

**ARLEGE ROOFING & SIDING** All work guaranteed & performed by licensed contractors to include roofing, siding, painting, deck building & general carpentry. 425-9544.

Backhoe and Bush Hogging, Lot Clearing and Grading. 432-7598 or 309-0508.

**Barnhill's Tree Service.** Tree trimming & removal. Reasonable, Reliable, Licensed & Bonded. Free Estimates. 425-7368.

Best Deal Lawn Care. Grass Cutting, Weedeating, Etc. Call Jackie 803-427-3031.

**DECKS UNLIMITED:** Free Estimates. Decks, Porches, Sheds, Metal Roofs, Playhouses, Horse Stables, Home Repairs & Additions. Licensed/Bonded. Randy 803-713-0540/(c)803-309-2303/(c)803-243-2654.

**DON'S HANDYMAN SERVICES.** Lawn maintenance, tree services, pressure washing, gutters cleaned, light hauling, home maintenance work, etc. Call Don 408-6882.

E&E Lawn Care. Free Estimates & Reasonable Rates. 803-420-2905, 803-530-6553, 803-408-6895.

Grass Cutting. Reasonable Rates. Call 432-4495.

Heating & Air Conditioning Service, Repair & Replacement. No heat or air? Same day service. 803-438-6518 or beeper 690-8634.

**HOMEGUARD Construction** - remodeling, & additions, tile, vinyl siding, replacement windows, decks, painting, electrical, plumbing. Licensed, Bonded. FREE Estimates. 438-6540.

Kelly's Backhoe Service. Dump Truck, Tractor, Backhoe Work, Bush Hogging, Land Clearing, Septic Tank Installation, Stump Removal, Demolition. (M)803-572-2009, (H)803-424-0637.

**LAWN CARE.** Mowing, Weedeating, Hedge Trimming, Cut Trees, Planting, Pine Straw, Clean-up, Pressure Washing. 438-6604.

McCaskill's Custom Construction. Building & Remodeling, Vinyl Siding, Metal & Shingle Roofs. Garages & Replacement Windows. Free Estimates. 243-9293, John McCaskill.

**Service & Repair**  
Mobile Home Demolition Work. 803-633-5623, 803-633-5634.

Pressure Washing & Tree Removal. Call (c)243-2330 or 713-0437.

**QUALITY LANDSCAPE.** Irrigation Service and Installation, Landscape, Lawn Maintenance, General Clean-Up. Licensed-Bonded-Insured. (803)408-3410. Moises Sanchez(Bilingual). Certified Rain Bird Irrigation Technician.

Roofing, painting & vinyl siding. Any & all type roofing done & leaks fixed. Work guaranteed. Free Estimates. 803-665-9506.

Snyder's Stump Grinding. Most for as little as 75¢ an inch. Call 425-4268, leave message, or (cell) 427-1226.

**TRACTOR WORK.** Bush hogging, front end loader, lot clearing, grading, garden preparation & driveways. 438-1801.

**TREE WORK:** Carolina Professional Tree Service, since 1984. Licensed and bonded. Free estimates. Please call 432-9385. 24-hour Emergency Service.

Triple H Specialties. Free Estimates for all your bulldozer, hauling & clearing needs. Call Jason 803-427-3771.

Transportation  
\*\*POLICE IMPOUNDS!\*\*  
Chevys, Fords, Jeeps more from \$500! Many makes available! These cars Must Sell! For Listings Call 800-391-5227 x N004 (fee required)

**FOR SALE:** 2005 Honda Accord EX. Graphite pearl, 4 door, sunroof, AT, 6 disc. CD changer, 45k miles. Priced under NADA value at \$18,000.00. Call 425-8344.

**\*POLICE IMPOUNDS!\*\* CARS** from \$500! Chevys, Fords, Jeeps and more! More Cars/Trucks Available from \$29/mo! Fee for listings call 800-391-5227 x N265.

1992 Acura Integra \$800. 1994 Mazda 626 \$600. More Bank Repos Available! For Listings 800-391-5227 x N010 (fee required).

'97 Infinity Q-45. XX clean. \$8500.00. '87 Celica \$950.00. '88 Ford Wagon \$1950.00. Serious Inquiries Only. 803-420-0038.

ATTENTION: No Credit, Bad Credit, No Problem. Come by Credit Auto Sales and ride today! Down payment as low as \$500. Hwy. #1 South, Lugoff. 438-2700.

**POLICE IMPOUNDS! CARS** from \$500. Hondas, Toyotas, Nissans and more! More Cars/Trucks Available from \$29/mo! Fee for listings call 800-391-5227 x N265.

**Wanted to Buy**  
Buying junk or abandoned cars or trucks. Top prices paid. Call 803-438-9730 or 803-572-1866.

I buy junk vehicles. Free removal of scrap. 803-633-5623 or 803-633-5634.

**LAND WANTED CASH BUYER.** Wants 50 acres or more on Lakes, River, Coastal/Tidal Frontage or Mtns. for development. Fax to: Land Buyer: 828-687-1353; Email landbuyer@mckeough.com or Mail: Land Buyer, 140 Airport Road, Suite Q, Arden, NC 28704.  
**Yard Sale**  
**ABSOLUTELY Biggest Yard Sale** in town! Saturday, April 21, 8:00-1:30. Lyttleton Street UMC, 1206 Lyttleton Street.